

Embedding an Emancipatory Educational Framework in Communities for people marginalised and excluded because of mental health and/or substance misuse issues

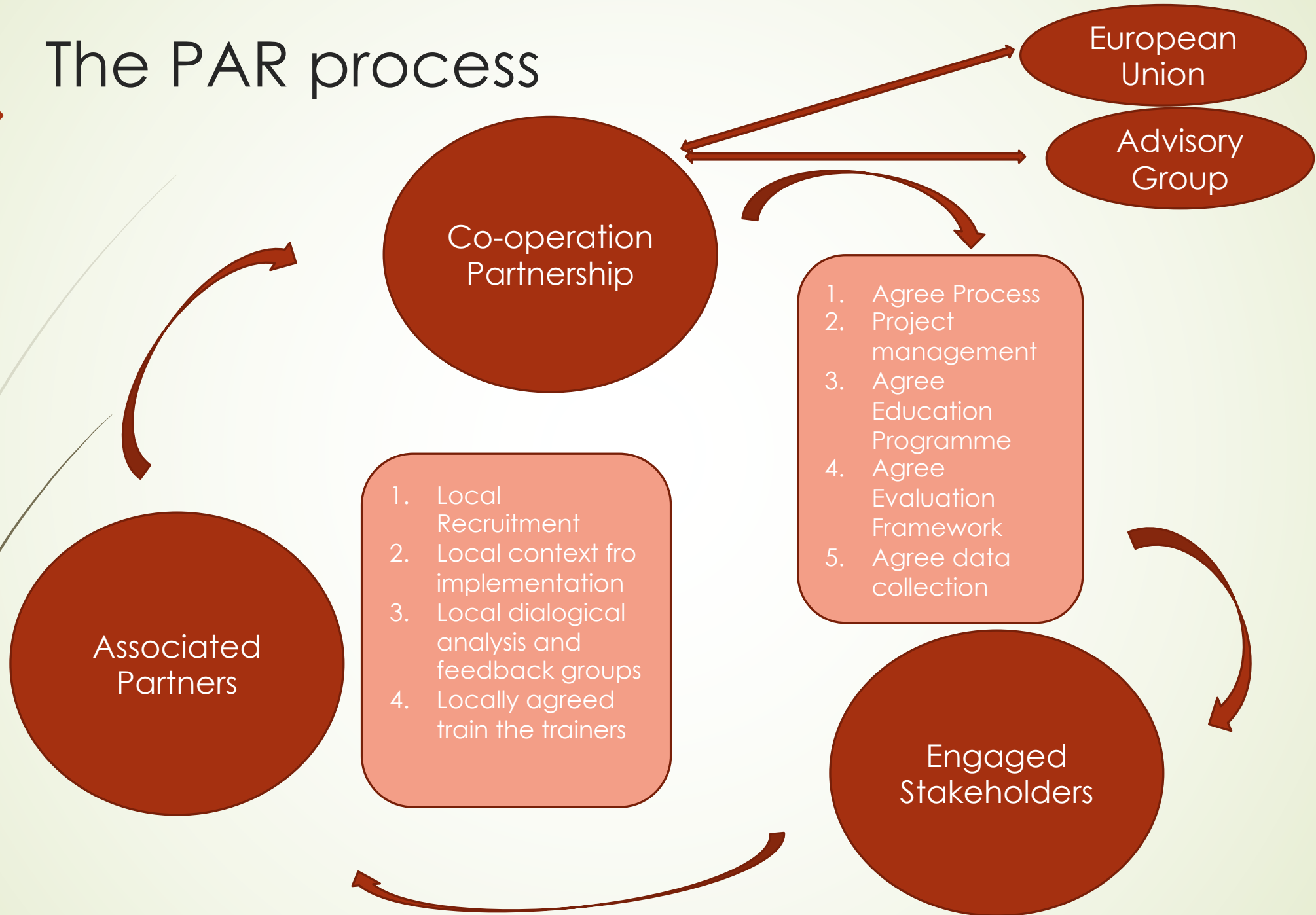




Participatory Action Research (PAR) Process

- Cycle 1
 - Developing the Network
 - Agreeing Educational Programme
 - Agreeing Evaluation Framework
 - Communication & Dissemination Plan
 - Project Management Plan
- Cycle 2
 - Implementation of Educational Programme
 - Dialogue Meetings with stakeholders
 - Data gathering
- Cycle 3
 - Evaluation
 - Best Practice Guidelines
 - Proof of Concept

The PAR process



	ID	Activity Type	Start	End	Activity Title	Lead	Result Type/Key Result	Deliverables	Deliverable date	M start	M end
	6	Learning, Teaching Activities	2022-05	2022-05	Finalising Participatory Learning Process and agreeing core aspects of education programme curriculum	DCU	Finalising participatory Learning process and agreeing core aspect of education programme curriculum	Finalising participatory Learning process and agreeing core aspect of education programme curriculum	7		
Date Required	9	Learning, Teaching Activities	2023-09	2023-09	Adopting the learning Together and Train the Trainer education programmes to final education module	FMB	Adopting the Learning together and Train the trainer education programmes to final education model	Adopting the Learning together and Train the trainer education programmes to final education model	23		
Date Required	4	Multiplier Event 3 - Aug 2024	2024-08	2024-08	Best Practice Guidelines	Penumbra	Aimed at Educators	Event in Penumbra	34		36
	11	Multiplier Event 2 - 7th June 2024	2024-06	2024-06	Sharing the Learning - Educational Toolkit	FMB	Use and applicability of Train the trainer toolkit	Virtual Event held in Spain	32		32
	12	Multiplier Event 1 - 26th April 2024	2024-04	2024-04	Evaluating the Experience and Educational Programme Implementation	Evipro Oy	Train the Trainer Toolkit and Qualitative experiences of students and teachers on the programme shared	Virtual event held at end of Educational programme	30		30
	13	Multiplier Event 4 - 15th Oct 2024	2024-11	2024-11	Proof of Concept programme outcomes	DCU	Dissemination of findings from the Project Implementation and POC.	Dissemination of findings from the Project Implementation and POC.	36		36
	1	Project Results	2021-11	2024-10	Project Management and Participatory Action Research Methodology	DCU	Project Management/Rolling model PAR process	Project Management/Rolling model PAR process	36	1	36
	2	Project Results	2021-11	2024-10	Project Management and Participatory Action Research Methodology	DCU	Project Management/Rolling model PAR process	Interim Progress Report	22		22
	3	Project Results	2021-11	2024-10	Project Management and Participatory Action Research Methodology	DCU	Project Management/Rolling model PAR process	Final Report	38		38
	2	Project Results	2021-11	2024-10	Development of Evaluation Framework and Report	DCU	Coordination and implementatio of the POC evaluation framework	Coordination and implementatio of the POC evaluation framework	36	1	36
	3	Project Results	2021-11	2024-10	Communication and Dissemination	FMB	Learning/Teaching Training Material	Publication and event/conference schedule agreed between partners and coordinated by FMB	13	1	36
	3	Project Results	2021-11	2024-10	Communication and Dissemination	FMB	Learning/Teaching Training Material	website with incorporated EEEFCom sharing platform	2		
	3	Project Results	2021-11	2024-10	Communication and Dissemination	FMB	Learning/Teaching Training Material	Dissemination plan	2		
	3	Project Results	2021-11	2024-10	Communication and Dissemination	FMB	Learning/Teaching Training Material	Communication Plan	2		
	3	Project Results	2021-11	2024-10	Communication and Dissemination	FMB	Learning/Teaching Training Material	Review Communication Plan	7		
	3	Project Results	2021-11	2024-10	Communication and Dissemination	FMB	Learning/Teaching Training Material	Review Communication Plan	23		
	7	Project Results	2022-09	2024-03	Implementation of Educational Programme and Development of Train the Trainer toolkit	Recovery Academy	Course Curriculum Design and Development	Recovery: Learning together Train the Trainers programme development and delivery across 5 sites.	22	11	29
	7	Project Results	2022-10	2024-04	Implementation of Educational Programme and Development of Train the Trainer toolkit	Recovery Academy	Course Curriculum Design and Development	Mental Health Welbeing Programmes coproduced and delivered across 5 partner sites	29		
	7	Project Results	2022-11	2024-05	Implementation of Educational Programme and Development of Train the Trainer toolkit	Recovery Academy	Course Curriculum Design and Development	Training the trainer programme toolkit	29		
	10	Project Results	2024-01	2024-07	Best Practice Guidelines	Penumbra	Studies/Analysis	Final Draft Ready for Publication	34	27	33
	5	Transnational Project Meetings	2022-03	2023-01	Kick off meeting	DCU		Event in Dublin	5		5
Date Required	8	Transnational Project Meetings	2022-11	2022-11	Interim Project Meeting	FMB	Embed Communication plan into the PAR process. Develop website.	Embed Communication plan into the PAR process. Develop website.	13		13
	14	Transnational Project Meetings	2024-11	2024-11	Closing Meeting	DCU		Event in Dubln	36		36
Date Required	15	Transnational Project Meetings	2022-10	2022-10	Virtual Meeting (unfunded)	DCU		Virtual	12		12
Date Required	15	Transnational Project Meetings	2024-01	2024-01	Virtual Meeting (unfunded)	DCU		Virtual	27		27



WP 1- Project Management, incorporating roll modelling PAR process to incorporate overarching educational process for local partner contextualisation

► Objectives

- O1.1 Ensure the progress of the project: Monitoring that the milestones are reached to the highest possible quality, and the tasks progress in line with the EEEFCom work plan.
- O1.2 Day to day project management: Including legal management and financial monitoring, and report this properly to the European Commission.
- O1.3 Planning and preparation of project meetings, steering group meetings, WP leader meetings, and quality control of deliverables.
- O1.4 Overall data management: Coordinating the collection, storage and exploitation of primary and secondary data used in EEEFCom, ensuring compliance with European and national data protection laws.
- O1.6 Establishment of an overarching participatory action research (PAR) process that incorporates, students, associate partners, partners and any other relevant stakeholders in the educational process and project outcomes

► Description

- Managing project meetings and steering group meetings
- Control of governance and work plan compliance
- Monitoring of data management
- Establishing a transparent, inclusive PAR project methodology

► Deliverables

- D1.1 EEEFCom Project handbook with work plan (M3) with a comprehensive plan of meeting dates, venues and participants for meetings. Will include a detailed overview of workflow for WP's, project methodology process. Update of work plan (M18)
- D1.2. PAR report (M18) and (M34)
- D1.3. Agreed conceptual learning framework for implementation across five partner sites (M8)

WP2 - Development of the evaluation framework

Objectives

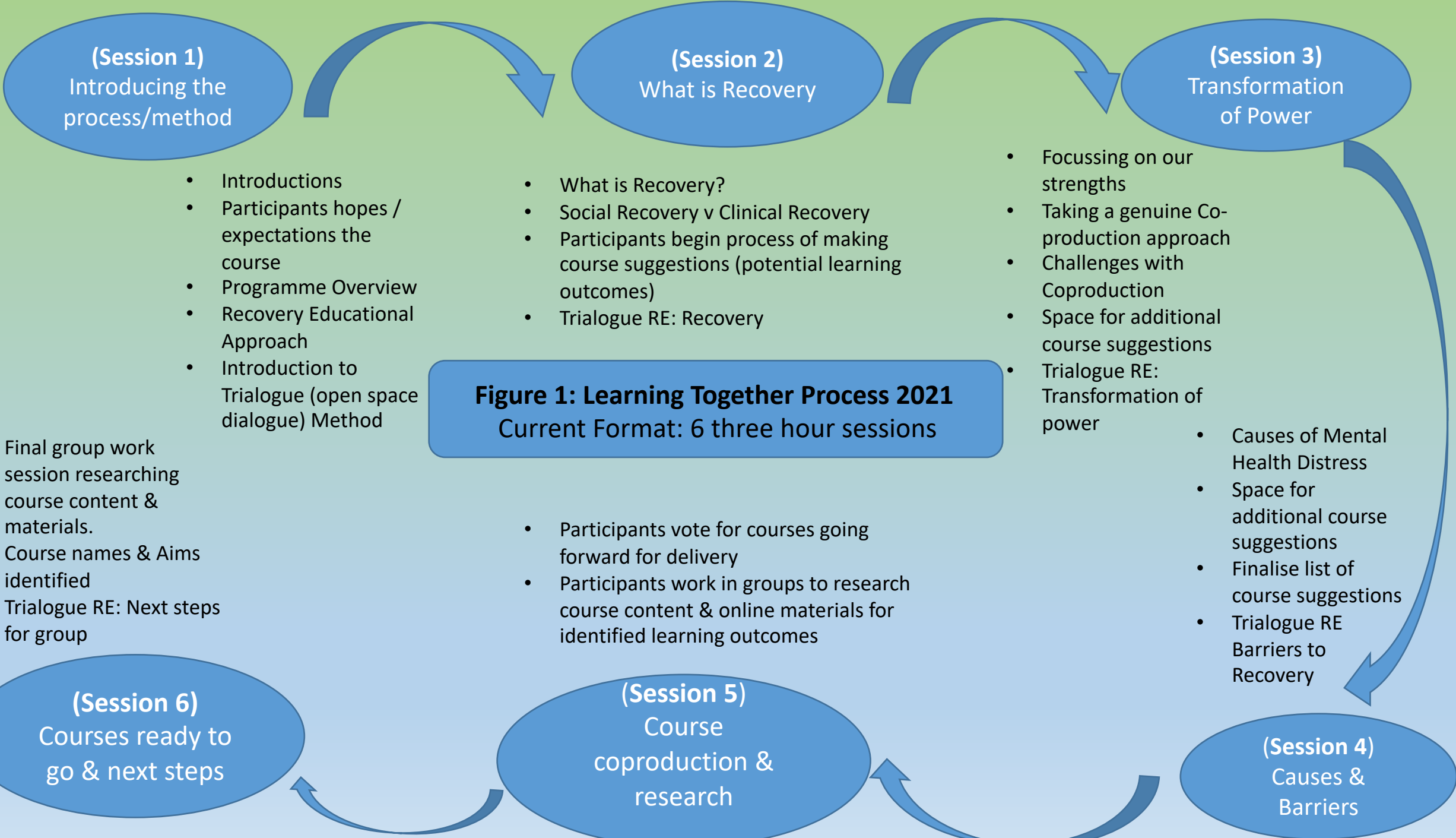
- O2.1 Establish proof of concept evaluation framework adopting Participatory Action Research methods, clearly illustrating the benefits of the emancipatory educational programmes implemented throughout the project life cycle.
- O2.2 Monitoring agreed outputs the framework will ensure all project partners position marginalised learners and excluded communities centrally in the co-creation and delivery of community based mental health and substance use programmes to meet locally identified needs across all programme sites within the timelines set.
- O2.3 Amalgamate data form across all learning sites. Findings will be presented in proof of concept report using Human Rights, Recovery Education and Community Development indicators
- O2.4 Proof of concept report disseminated, demonstrating programme feasibility and impact with a view to realising programme sustainability beyond the scope of the Erasmus+ funded project life cycle, embedding this community model of work within policy and practice to support individuals and communities marginalised because of mental health and substance use.

Description

- Evaluations of programmes delivered during the implementation phase of the project include all 'Recovery: Learning Together Training for Trainer' programmes and the subsequent sets of 'Mental Health Wellbeing Programmes,' designed and delivered by participating stakeholder groups across all programme sites.
- Open dialogue groups with local stakeholders across all programme sites will be carried out at the end of the implementation stage of the project. These dialogical spaces will offer participants the opportunity to critically reflect on learning processes collectively.
- Comprehensive whole project quantitative and qualitative measures will be completed by participants that took part in two or more participatory outputs over the course of the project life cycle including programming during the implementation phase, open dialogue meetings, transnational meetings and multiplier events.

Deliverables

- D2.1 Evaluation Framework Developed (M7) and (M14)
- D2.2 Data from all programming collated and analysed (M22) and (M28)
- D2.3 Findings amalgamated (M28) and presented in end of project, proof of concept report for wider dissemination (M33)



(Session 1)
Setting the scene

- Course Overview
- Learning Expectations & Hopes
- How to 'Set the Scene'
- Facilitation Skills
- Facilitation Roles
- Facilitation Methods

- Session Planning
- Setting up (onsite & online)
- Importance of Self Care
- Identifying Facilitators to deliver 'Learning Together Courses'
- Close

(Session 4)
Course
Coproductio Pt 2



(Session 2)
Key facilitation
methods in
practice

- Active Listening
- Open Space Facilitation
- Structured Conversation Method
- Brainstorming Method – To identify Facilitation challenges
- Delegation of Facilitation Roles for session 3

- Boundaries
- Working creatively with challenges
- Transformation of Power (Coproductio)
- Delegation of facilitation roles for session 4

(Session 4)
Participants take
the lead

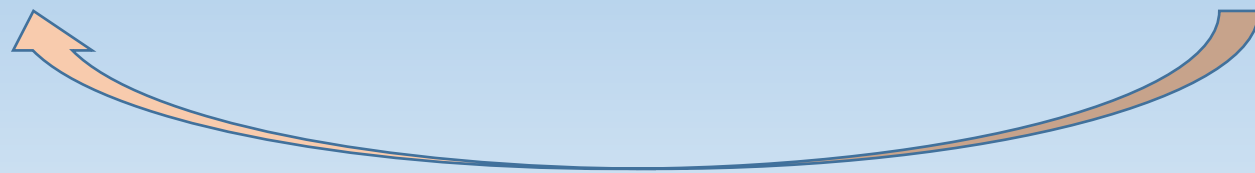


Figure 2: Facilitation Skills 2021
Current Format: 4 three hour sessions



Existing Recovery College Evaluation Framework

- ▶ Course Evaluation
- ▶ Group Goals
- ▶ Experience of College
- ▶ CHIME outcomes
- ▶ Focus Group Interview