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Application

Programme	Erasmus+
Action Type	KA220-ADU - Cooperation partnerships in adult education
Call	2021
Round	Round 1

Context

Field	Adult Education
Project Title	Embedding an Emancipatory Educational Framework in Communities for people marginalised and excluded because of mental health and/or substance misuse issues
Project Acronym	EEEECom

Project Start Date (dd/mm/yyyy)	Project total Duration (Months)	Project End Date (dd/mm/yyyy)	National Agency of the Applicant Organisation	Language used to fill in the form
01-11-2021	36	01-11-2024	IE01 - Léargas the Exchange Bureau	English

For further details about the available Erasmus+ National Agencies, please consult the following page:
<https://ec.europa.eu/programmes/erasmus-plus/contact>

Protection of Personal Data

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Project Summary

Please provide short answers to the following questions, summarising the information you have provided in the rest of the application form.

Please use full sentences and clear language. In case your project is accepted, the provided summary will be made public by the European Commission and the National Agencies.

Background: Why did you apply for this project? What are the needs you plan to address?

We have developed a participatory community learning process in the DNRC and demonstrated proof of concept in an Irish setting. As our own organisation is expanding and diversifying our framework is in a state of flux. The evaluation of this framework demonstrated significant personal and social recovery outcomes for learners plus a range of other thematic findings that pointed to community connectiveness, inclusiveness, belonging, empowerment and thriving, to name a few. We wish to expose the concept to a wider partnership of similar but different organisations working in similar ways and with similar target groups and develop it further conceptually and practically where it is applicable outside of one local or regional context. People excluded from active citizenship related in some way to their experience of mental health or substance misuse or often caught up in the mental health or addictions services 'bubble'. Focussing avenues for recovery outside of this bubble within an adult educational framework in itself is an inclusive process and we believe an important pathway to personal and social recovery lies in this educational domain.

Objectives: What do you want to achieve by implementing the project?

To embed in communities, the possibility for people sometimes excluded from civil society to engage, connect and even overcome the experienced barriers to inclusion, through an emancipatory community learning process.

Implementation: What activities are you going to implement?

A process of community participation where the community along with project partners develop a participatory learning process To develop an educational programme comprising two modules: (a) Recovery: Learning Together, Train the Trainers; and (b) with programme participants develop a bespoke Mental Health and Well Being educational programme, designed according to participants expressed needs that will enhance their community capacity, Development of Train the Trainer Tool Kit to guide the delivery of educational programme, Create a project Website to share project findings and ongoing promotion of the project outcomes, To disseminate findings and good practice guidelines to a wide and relevant audience,

Results: What project results and other outcomes do you expect your project to have?

Enhanced capacity of project participants to engage with their wider community and through determining their own educational needs and having those met; to develop an empowering critical consciousness that will enhance their own wellbeing and that of peers. To develop a proof of concept educational framework enshrined in human rights based approaches towards inclusion with generalizable applicability as an educational process across wider communities. To embed a sustainable model of educational programme delivery in participating partner communities. To develop a Train the Trainer Tool Kit for anyone who has completed the programme and wants to co-deliver it themselves in their community. To develop Good Practice Guidelines available to anyone thinking about or intending to implement either this projects educational framework or one that has similar values, intentions and processes.

Applicant organisation/Partner organisation

OID	Legal name	Country	Region	City	Website
E10209077	DUBLIN CITY UNIVERSITY	Ireland	Dublin	DUBLIN	www.dcu.ie
E10130986	FUNDACION MUNDO BIPOLAR	Spain	Comunidad de Madrid	MADRID	http://mundobipolar.org
E10275430	Recovery Academy of Ireland	Ireland	Dublin	Dunlin	recoveryacademyireland.ie
E10149724	Penumbra	United Kingdom	Eastern Scotland	Edinburgh	www.penumbra.org.uk
E10277328	Evipro Oy	Finland	Helsinki-Uusimaa	ESPOO	www.evipro.fi

Is the organisation a public body?

Is the organisation a non-profit?

Type of Organisation

Higher education institution (tertiary level)

Main sector of activity

Associated persons should not be shown in PDF because of GDPR compliance.

Budget Summary

Project Budget Summary

Project Management and Implementation	54 000
Transnational Project Meetings	23 310
Project Results	207 302
Multiplier Events	25 500
Virtual Multiplier Events	4 500
Learning, Teaching Training Activities	39 745
Exceptional Costs	49 600
Total grant	399 457

Transnational Project Meetings

Meeting ID	Meeting Title	N° of Participants	Grant
1	Kick off Meeting	12	5 730
2	Interim Project Meeting	13	8 030
3	Closing meeting	20	9 550
Total		45	23 310

Project Results

Result ID	Output Title	Category Of Staff	N° of Working Days	Grant
1	Project Results Details (1)	Teachers/Trainers/Researchers	90	21 690
1	Project Results Details (1)	Teachers/Trainers/Researchers	20	2 740
1	Project Results Details (1)	Teachers/Trainers/Researchers	20	4 280
1	Project Results Details (1)	Teachers/Trainers/Researchers	20	4 280
1	Project Results Details (1)	Teachers/Trainers/Researchers	20	4 820
2	Project Results Details (2)	Teachers/Trainers/Researchers	120	28 920
2	Project Results Details (2)	Teachers/Trainers/Researchers	12	1 644
2	Project Results Details (2)	Teachers/Trainers/Researchers	12	2 568
2	Project Results Details (2)	Teachers/Trainers/Researchers	12	2 568
2	Project Results Details (2)	Teachers/Trainers/Researchers	12	2 892
3	Project Results Details (3)	Teachers/Trainers/Researchers	130	31 330
3	Project Results Details (3)	Teachers/Trainers/Researchers	65	15 665
3	Project Results Details (3)	Teachers/Trainers/Researchers	65	8 905
3	Project Results Details (3)	Teachers/Trainers/Researchers	65	13 910
3	Project Results Details (3)	Teachers/Trainers/Researchers	65	13 910
4	Project Results Details (4)	Teachers/Trainers/Researchers	100	13 700
4	Project Results Details (4)	Teachers/Trainers/Researchers	15	3 615
4	Project Results Details (4)	Teachers/Trainers/Researchers	30	6 420
4	Project Results Details (4)	Teachers/Trainers/Researchers	10	2 140
4	Project Results Details (4)	Teachers/Trainers/Researchers	10	2 410
5	Project Results Details (5)	Teachers/Trainers/Researchers	60	12 840
5	Project Results Details (5)	Teachers/Trainers/Researchers	5	1 205

5	Project Results Details (5)	Teachers/Trainers/Researchers	10	1 370
5	Project Results Details (5)	Teachers/Trainers/Researchers	5	1 070
5	Project Results Details (5)	Teachers/Trainers/Researchers	10	2 410
Total			983	207 302

Multiplier Events

Event ID	Event Title	Country of Venue	Local Participants	Foreign Participants	Virtual Participants	Grant
1	Evaluating the Experience and Educational Programme Implementation	Spain	0	0	150	2 250
2	Sharing the Learning - Educational Tool Kit	Spain	0	0	150	2 250
3	Best Practice Guidelines	United Kingdom	50	10	0	7 000
4	Proof of Concept Programme Outcomes	Ireland	100	20	0	14 000
Total			150	30	300	25 500

Learning, Teaching, Training Activities

LTT ID	Title of activities	Travel Support	Green travel	Grant for Exceptional Costs for Expensive Travel	Individual Support Grant	Inclusion Support	Linguistic Support Grant	Grant
C1	Finalising Participatory Learning process and agreeing core aspects of education programme curriculum	3 765	0	0	9 540	0	0	13 305
C2	Adopting the Learning Together and Train the Trainer education programmes to final education module	9 480	0	0	16 960	0	0	26 440
Total		13 245	0	0	26 500	0	0	39 745

Exceptional Costs

ID	Description and Justification	Requested Grant (80%)
1	4D data projectors x 5 for hybrid delivery of educational programmes	4 000,00
2	Translation of best practice guidelines into Spanish and Finish	8 000,00
3	Website design and development	4 800,00
4	In person or online Translation at multiplier and virtual meetings x 7	6 400,00
5	Best practice guidelines graphic concept design and production	3 200,00
6	8 open source journal dissemination publications	12 000,00
7	Train the Trainer Toolkit graphic concept design and production	3 200,00
8	Translation of train the trainer toolkit into Finish	4 000,00
9	Translation of train the trainer toolkit into Spanish	4 000,00
Total		49 600,00

Budget per Participating Organisation

Evipro Oy (E10277328 - Finland)

Project Management and Implementation	9 000
Transnational Project Meetings	8 360
Project Results	28 248
Multiplier Events	2 250
Learning, Teaching Training Activities	11 145
Exceptional Costs	4 000
Total grant	63 003

Recovery Academy of Ireland (E10275430 - Ireland)

Project Management and Implementation	9 000
Transnational Project Meetings	1 725
Project Results	43 862
Learning, Teaching Training Activities	8 145
Exceptional Costs	7 200
Total grant	69 932

DUBLIN CITY UNIVERSITY (E10209077 - Ireland)

Project Management and Implementation	18 000
Transnational Project Meetings	2 300
Project Results	71 095
Multiplier Events	14 000
Learning, Teaching Training Activities	6 440
Total grant	111 835

Penumbra (E10149724 - United Kingdom)

Project Management and Implementation	9 000
Transnational Project Meetings	6 325

Project Results	35 738
Multiplier Events	7 000
Learning, Teaching Training Activities	9 990
Exceptional Costs	8 000
Total grant	76 053

FUNDACION MUNDO BIPOLAR (E10130986 - Spain)

Project Management and Implementation	9 000
Transnational Project Meetings	4 600
Project Results	28 359
Multiplier Events	2 250
Learning, Teaching Training Activities	4 025
Exceptional Costs	30 400
Total grant	78 634

Timetable

Note that transnational project meetings, production of project results, multiplier events and learning, teaching and raining activities will be listed in this table automatically once you have created them in the dedicated section of the form.

You can create other relevant activities that do not receive specific support but are funded by the Project Management and Implementation grant and add them to the table.

ID	Activity Type	Starting period	End of Period	Activity Title
1	Project Results	2021-11	2024-10	Project Management and Participatory Action Research Methodology
2	Project Results	2021-11	2024-10	Development of Evaluation Framework and Report
3	Project Results	2021-11	2024-10	Communication and Dissemination
4	Multiplier Event	2021-11	2021-11	Best Practice Guidelines
5	Transnational Project Meeting	2021-11	2021-11	Kick off Meeting
6	Learning Teaching Activities	2022-05	2022-05	Finalising Participatory Learning process and agreeing core aspects of education programme curriculum
7	Project Results	2022-09	2024-03	Implementation of Educational Programme and Development of Train the Trainer Toolkit
8	Transnational Project Meeting	2022-11	2022-11	Interim Project Meeting
9	Learning Teaching Activities	2023-09	2023-09	Adopting the Learning Together and Train the Trainer education programmes to final education module
10	Project Results	2024-01	2024-07	Best Practice Guidelines
11	Multiplier Event	2024-04	2024-04	Sharing the Learning - Educational Tool Kit
12	Multiplier Event	2024-06	2024-06	Evaluating the Experience and Educational Programme Implementation
13	Multiplier Event	2024-10	2024-10	Proof of Concept Programme Outcomes
14	Transnational Project Meeting	2024-11	2024-11	Closing meeting

Other Relevant Activities in the Timetable

Do you want to add other relevant activities not yet included in the timetable and that do not receive a specific grant but can be funded from the Project Management and Implementation grant?

No

Participating Organisations

To complete this section, you will need your organisation's identification number (OID). Since 2019, the Organisation ID has replaced the Participant Identification Code (PIC) as unique identifier for actions managed by the Erasmus+ National Agencies.

If your organisation has previously participated in Erasmus+ with a PIC number, an OID has been assigned to it automatically. In that case, you must not register your organisation again. Follow this link to find the OID that has been assigned to your PIC: [Organisation Registration System](#)

You can also visit the same page to register a new organisation that never had a PIC or an OID, or to update existing information about your organisation.

DUBLIN CITY UNIVERSITY (E10209077 - Ireland)

Applicant organisation OID	Legal name	Country
E10209077	DUBLIN CITY UNIVERSITY	Ireland

Applicant details

Legal name	DUBLIN CITY UNIVERSITY
Country	Ireland
Region	Dublin
City	DUBLIN
Website	www.dcu.ie

Profile

Type of Organisation	Higher education institution (tertiary level)
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Background and experience

Please briefly present the organisation/group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group)

The Dublin North, North East Recovery College (DNNE) takes a community based partnership approach to providing educational platforms to explore mental health well-being and recovery, through empowering and transformative education. Taking a partnership approach to creating a culture of well-being in the community, we work in collaboration with mental health professionals, educators, relevant community and youth groups and all individuals with an interest in mental health and well-being. Our participants in our programmes play a central role in shaping the Recovery College in a co-operative learning environment that values lived and professional experience equally. The College works with a range of community partners throughout the North East of Ireland, providing emancipatory educational processes to people with experience of mental health and substance misuse issues, their supporters and professionals working with this group of people. The college provides approximately 14 courses each year, plus a number of other bespoke community interventions and about 750 learners engage with the Recovery College each year. For a full range and focus of the College, see our Proof of Concept Evaluation Report (<http://recoverycollege.ie/wp-content/uploads/2020/07/DCU-Recovery-College-Report-proof04-1.pdf>). Present paid staff: 8 with several of these sessional facilitators. We focus on payment of staff including students transitioning to support facilitator, though occasionally it suits a person to volunteer, rather than be paid. Whilst the lead applicants are staff in the Recovery College, the college is an externally funded project that lies within the School of Nursing, Psychotherapy and Community Health at Dublin City University. Four of the lead applicant team are full time staff members of the school in DCU and all contribute to the activities of the Recovery College. Dublin City University is the Principle University in the North East of Irish Republic, with approximately 22,000 students, across six faculties. The School of Nursing, Psychotherapy & Community Health is situated in the Faculty of Science and Health, comprising six schools, all engaged in health related international education and research for over 25 years. The School provides academic and practitioner educational programmes to 1400 students in Nursing, Sexuality, Psychotherapy, Homeless sector, Peer Support Working in Mental Health' Health Systems, Health & Society and a range

of bespoke professional development programmes. The interdisciplinary nature of this school is advantageous in that education and research has integrated perspectives across multiple health and social science disciplines. In addition to these educational programmes and research activity the School incorporates the Healthy Living Centre (HLC). The HLC is an innovative health care and well-being space situated adjacent to the School. The purpose of the HLC is to provide a vehicle by which the School can contribute to the advancement of knowledge underpinning healthcare practice and well-being and contribute to the shape and structure of innovation in these areas through both research, education and practice. The HLC provides a 'live' healthcare and well-being focus for the Faculty and is uniquely placed amidst the broader health hub of 'DCU'. As a community healthcare provider the HLC offers an opportunity for the School to integrate research, education and practice, whilst providing valuable services to DCU and broader community. The Dublin North, North East Recovery College has its administrative base in the HLC. Focussing on what works for respective communities to enhance mental health, social inclusion and human rights outcomes, the Recovery College Model works with local stakeholders to expand mental health options available for their community.

What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?

Our work is underpinned by UN Sustainable Development Goals 3,4,10 & 11 and articles 19, 24, 25 & 26 of the Convention on the Rights of Persons with Disabilities. Since 2016, The Recovery College has taken a collaborative cross-sectoral approach in working to create a culture of inclusion, acceptance, healing and empowerment in the community, specifically for people marginalised because of mental health distress, using community development and cooperative learning methodologies. During this time, we have collaborated with in excess 50 community and youth organisations throughout the Louth, Meath and North Dublin areas, in doing so, placing central value on the resilience and support roles of local people, communities and supporting organisations ensuring local ownership and maximum use of resources. To date over 2700 individuals have engaged in our programmes. Dr Liam MacGabhann is a mental health practitioner, a medical sociologist, systemic family constellations facilitator, and an activist in the mental health arena. Liam is Associate Professor in Mental Health Practice. Since 2001 Liam has been involved in developing innovative bespoke courses and programmes delivered from DCU, though in partnership with relevant NGO and statutory organisations. Since 2006, all of his educational development and research endeavours have been focussed on capacity building in communities that fosters less stigma, less exclusion, less marginalisation, and more awareness in relation to mental health and dual diagnosis issues. He was a partner on the Erasmus Plus Strategic Partnership project, COMMUNE (Co-produced Mental Health Nurse Education) with five partner countries in 2017 (<http://commune.hi.is/about/>) John Kelly John Kelly has worked as coordinator of the Dublin North/ North East Recovery College since June 2016. Over the six-year period prior to this role John worked as a community development worker supporting peer led health work with both the Gateway Mental Health Project and the Dublin 12 Disability Mainstream Access Project. His passion for mental health recovery is informed by his own lived experience of mental health recovery, a journey which allowed him gain back the control and confidence necessary to lead a fulfilling and meaningful life. Dr Siobhan Russell is an Assistant Professor in Mental Health Nursing in the School of Nursing, Psychotherapy and Community Health at DCU. She lectures on both the undergraduate and post-graduate programs which have facilitated the development of her teaching and research interests in the areas of mental health nurse education, service user involvement and mental health nursing practice. She was a partner on the Erasmus Plus Strategic Partnership project, COMMUNE (Co-produced Mental Health Nurse Education) with five partner countries in 2017 (<http://commune.hi.is/about/>) Martha Griffin is a Lecturer in Mental Health: Expert by Experience in the School of Nursing, Psychotherapy and Community Health, chairing the Certificate in Peer Support Working in Mental Health. She is a Peer Educator with the Dublin, North, North East Recovery College and am on the project team of the Public Patient Project which is to increase participation in Health and Social Research in Higher Education Research. Dr Mark Philbin is an Assistant Professor in Health & Society in the School of Nursing, Psychotherapy & Community Health, DCU. His background includes mental health nursing, strengths-based therapy, nurse education and qualitative research. Over recent years, he is increasingly interested in the varied use of drugs in contemporary societies, issues of freedom and responsibility as they relate to health, identity and mental health, cycling and the politics of mobility, and the ethics of human-nonhuman animal relations. These are each a focus for his work in teaching on our BSc Health & Society programme. Currently, he is especially interested in alcohol use, sobriety and ways to contest algogenic systems

Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects
Higher education student and staff mobility (KA103 OLD)	1	1	0	0
Adult education staff mobility (KA104)	2	0	0	0
Youth mobility (KA105)	3	2	0	0
Strategic Partnerships addressing more than one field (KA200)	1	0	7	3
Strategic Partnerships for school education (KA201)	12	8	43	12
Strategic Partnerships for vocational education and training (KA202)	1	0	13	5
Strategic Partnerships for higher education (KA203)	3	2	38	14
Strategic Partnerships for adult education (KA204)	3	1	29	9
Strategic Partnerships for youth (KA205)	1	0	3	0
Higher education student and staff mobility between Programme and Partner countries (KA107)	7	6	0	0
Higher education student and staff mobility within programme countries (KA103)	6	6	0	0
Strategic Partnerships for adult education (KA226)	2	0	9	4

I understand and agree that the National Agency can use the information it has about my organisation's previous participation to assess my organisation's capacity to implement activities under this application.

Partner Organisations

Partner organisation OID	Legal name	Country
E10130986	FUNDACION MUNDO BIPOLAR	Spain
E10275430	Recovery Academy of Ireland	Ireland
E10149724	Penumbra	United Kingdom
E10277328	Evipro Oy	Finland

FUNDACION MUNDO BIPOLAR (E10130986 - Spain)

Partner organisation details

Legal name	FUNDACION MUNDO BIPOLAR
Country	Spain
Region	Comunidad de Madrid
City	MADRID
Website	http://mundobipolar.org

Profile

Type of Organisation	Non-governmental organisation/association
Main sector of activity	Other (specify)

Background and experience

Please briefly present the organisation/group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group).

Fundación Mundo Bipolar is a not profit organization. It's the only users led national organisation in Spain. Its main objective is to fight for the human rights and against stigma and discrimination of people with mental health problems. Its activities are based on based in the UN Convention on the Rights of Persons with Disabilities. MOre recently we have focused on Peer to Peer capacity training and Peer (person with lived experience of mental health problems) to health care professional training, in both apporochoes, demonstrating the effectiveness in improving recevery literacy and experience. Paid staff: 6 Unpaid staff: 12 Learners: 1500 approx.

What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?

FMB is Pioneer in research and learning programmes for people with mental health problems and identified by EC as an example of good practice in this area. Orgniasation has been involved in several collborative European partnerships, with the most recent and revlevant being partner of H2020 project Revover-E (www.recover-e.eu), where the organisationa was responsible for training people with mental health problems and mental health professionals in recovery principles and capacity building. Fields of expertise include: Human Rights; UN CRPD; Advocacy and activism at national, European and global level; and University teaching expertise. FMB is a Lancet's Commissioner. Guadalupe Morales. Journalist. University Professor in Spain & Portugal: "Stigma & Media", Human Rights in mental health. Director of Fund. Mundo Bipolar. Pioneer on peer2peer trainings. Partner of H2020 Recover-E. Expertise: Education, Human Rights, Advocacy. -Estefanía Trenchs Solá, Expert by experience in mental health. Designer of social intervention projects. Participation in the focal group implemented in the process of preparing "the Manual for Recovery and wellbeing Selfmanagement" 2017. Coordinator of group of faciliatators in Selfhelp Groups. Community Manager at FMB. High motivation and performance in team work. Patricia Alemán. Psychology Degree. Masters: Education, Composition, Communication. Director in the Architecture and Design & Digital Projects. Teach in the bilingual degrees, CEU University

of Valencia. Organization and management of international documents and Researcher FMB: design of different courses and educational strategies. Organising events and workshops. Communication with partners. Good presentation skills. Expertise: Education & Design & Psychology. Erasmus Program – Architecture Degree. Jesús Jiménez. Social Worker Degree. Programming, management and evaluation of courses. Coordinator and trainer of trainers of the youth leisure and free time. Trainer with more than 500 hours. Participate in the management, formulation, execution, evaluation of plans, programs and social projects of users (persons with mental health problems) of interdisciplinary teams including peer-experts. Digital competences. Skills in team works and communication.

Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects
Strategic Partnerships for adult education (KA204)	0	0	1	0

I understand and agree that the National Agency can use the information it has about my organisation's previous participation to assess my organisation's capacity to implement activities under this application.

Recovery Academy of Ireland (E10275430 - Ireland)

Partner organisation details

Legal name	Recovery Academy of Ireland
Country	Ireland
Region	Dublin
City	Dunlin
Website	recoveryacademyireland.ie

Profile

Type of Organisation	School/Institute/Educational centre – Adult education
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Background and experience

Please briefly present the organisation/group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group).

We are people in recovery, supporters, advocates, researchers and professionals who want to promote and champion the concept of recovery. We believe – and international research shows – that people can move from a substance use disorder, to a life of fulfilment, well-being and full participation in society. The Recovery Academy works to: • promote and facilitate addiction recovery • provide support for people in recovery • organise recovery activities • raise awareness about recovery • provide workshops and training on recovery • conduct research • advocate on system and policy change • challenge stigma The Recovery Academy have two paid employees and six volunteers who work to promote and facilitate recovery. We provide peer to peer training for people with live experience who train as Recovery Coaches in a number of different services. Approx. 30 peers have been trained to date with additional training to commence in Sept. 2021. We have approx. 100 members signed to be part of the Recovery Academy who are invited to take part in any initiatives we provide.

What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?

The Recovery Academy of Ireland is working to promote and facilitate addiction recovery initiatives across Ireland. In doing so we have created a network of supporter's members and advocates for the work of the Recovery Academy. As previously mentioned, we provide peer recovery coach training for people with lived experience. We also host pop up recovery cafes in existing addiction recovery services. This provides space for collaboration and highlights the need for system change, a recovery orientated system of care. A system of inclusiveness and welcoming for people that have lived experience and in many cases on the margins of society, a process perpetuated by stigma. Paul Duff: The Recovery Academy Project Coordinator will be leading on this project and has worked in the area of homelessness, addiction, care after prison, and addiction recovery. He is currently completing a MSc in Addiction Recovery and is also an expert by experience. The work of delivering recovery coach training and the dissemination of said training nationally, is within the current activities of his role and the goal of the organisation, and will provide opportunity to enhance the dissemination and reach of this project. Dr Joe Barry: The Chairperson of the Recovery Academy who is very proactive in the work of the Recovery Academy and who has a keen interest in this project, is a semi-retired, Clinical Professor with Trinity College in Public Health and was the Head of the Department of public health and primary care in Trinity College. He has been involved in the work of the recovery academy since the organisation evolved from research that he was part of in 2012, Addiction Recovery A Contagious Paradigm and has worked in the area of addiction and recovery for over twenty-five years. Ms Anita Whyte: HSE Dual Diagnosis Clinical Programme, National Programme Manager wishes to be involved as an advocate for system change and involvement at grassroots level in facilitating such change. Furthermore, from within her current role, this gives opportunity for change at national policy level. Therefore, this project can work towards a recovery orientated system change that will enhance the involvement of experts by profession and experts by

experience. Anita as well as 25 years' experience in the Health Service, has been involved in the implantation of research on dual diagnosis DD and is currently conducting research on DD as part of an MSc in Addiction Recovery. Therefore, her role can also support the dissemination of this project.

Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects

No past participation has been found for Organisation ID: E10275430

Penumbra (E10149724 - United Kingdom)

Partner organisation details

Legal name	Penumbra
Country	United Kingdom
Region	Eastern Scotland
City	Edinburgh
Website	www.penumbra.org.uk

Profile

Type of Organisation	Public service provider
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Background and experience

Please briefly present the organisation/group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group).

Penumbra is one of Scotland's most innovative mental health charities, working to improve mental wellbeing across the nation. We provide a wide range of services for adults and young people which offer hope and practical steps towards recovery. Penumbra began in 1985, by providing the first supported accommodation services in Scotland, enabling people with long term mental health issues to live with independence and pioneering community-based support. We started then as we mean to go on – by providing innovative solutions to gaps in mental health provisions based on the rights of people affected by mental health difficulties to choice, dignity and the expectation of recovery. Since then our growth has encompassed a range of new individual and group projects, as well as negotiating and tendering for work from statutory agencies. Our services support around 2,500 people per week and are located in 17 local authority areas in Scotland. We now operate from 3 regional offices in Glasgow, Aberdeen and Edinburgh with each service also having a local office or base. Penumbra is a Registered Charity governed by a voluntary board. The Board bring expertise from a broad spectrum of disciplines including finance, health care, social work, fundraising, business development and lived experience of mental health issues. Our vision is of a society where each person is accepted, supported and has the resources to fulfil their potential. We therefore focus on activities that improve the mental health and wellbeing of people. To achieve this, we seek creative and innovative solutions and work in partnership with agencies and people who share our vision. Our vision is therefore congruent with the Mental Health Strategy for Scotland where people can get the right help at the right time, expect recovery and fully enjoy their rights, free from discrimination and stigma. Since our inception we have been committed to this ethos and have evidenced innovation in service design and transformation. We have been pro-active in the development of new approaches that have been aligned with this vision and are active members of Mental Health Europe who advocates for positive mental health and wellbeing and for the rights of people living with mental ill health. Penumbra is committed to providing equality of opportunity both through employment and service delivery. We believe everyone is entitled to be treated with respect and dignity. We are certified as a Disability Confident employer We currently employ over 400 staff and we are a leading employer of those with lived experience of mental ill health. The inclusion of Peer Practitioners within teams provides valuable insight of lived experience and using this insight and authenticity to constructively challenge barriers and role model recovery. Peer Workers use their own knowledge of self-management tools to inspire others that they too can move forward to positive outcomes. We promote Peer working through our hosting of the Scottish Recovery Network and our internal Peer Development Network.

What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project? Please explain how the organisation brings an essential added value to the project.

Penumbra bring the following key areas of experience and expertise to the project: • Penumbra has been at the fore of embedding the recovery model of mental health in Scotland for 35 years. • Penumbra have led the development and

embedding of peer approaches to mental health in Scotland for over 20 years. Penumbra currently employ over 20% of our workforce in dedicated peer roles and are the largest employer of the peer mental health workforce in Scotland. In our close partnership with the Scottish Recovery Network, Penumbra remain committed to peer working as being a core part of ensuring lived experience is at the heart of mental health policy and practice. We have recently been further developing our approach in to a systematic support and learning and development programme for our peer workforce. • Penumbra is a leader in the field of meaningful outcome recording in mental health. Penumbra created I.ROC, a validated measure of mental health recovery which is now used globally and has recently been further refined to a young people's version, Y.ROC. Crucially, I.ROC and Y.ROC are not simply measures of recovery, but along with Penumbra's HOPE framework, create a systematic approach to supporting recovery. • Penumbra bring wide experience in working with key social determinants of mental health including substance use, particularly alcohol, homelessness and supporting survivors of institutional childhood sexual abuse through our partnership in Future Pathways. Penumbra has a particular interest in ensuring support is holistic and avoids reductionist "treatments" for isolated aspects of peoples experience. • Penumbra bring wide experience of creating engaging practice materials to support best practice in mental health. These include practice toolkits in areas such as our HOPE recovery toolkit, and dedicated toolkits supporting recovery with self-harm, alcohol related brain damage and recently practice resources for Skills Development Scotland to support apprentices and their employers with mental health issues Jane Cumming: Director of Services and Innovation has now been working in the field of mental health for 30 years and combine a policy background, technical knowledge, and management skills with a commitment to ethical practice and user involvement. Specific expertise relates to Design of mental health services and the development of mental health approaches such as HOPE framework and I.ROC a validated measure of personal recovery. Also, a Learning and development facilitator and experienced mental health practitioner. Stephen Finlayson: Head of Innovation and Improvement, has been working in the third sector for over 25 years. Stephen brings a strong background in person-centred working and planning with a focus on community support. Stephen brings wide experience of solution focused models, coaching and the use of good conversations to focus on what really matters to people. Stephen also brings a strong interest in risk and the politics of inclusion and exclusion of marginalised groups, with a particular interest in inclusion and individualised support design for people who traditional services find difficult to support.

Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects
Strategic Partnerships for adult education (KA204)	0	0	3	1

I understand and agree that the National Agency can use the information it has about my organisation's previous participation to assess my organisation's capacity to implement activities under this application.

Evipro Oy (E10277328 - Finland)

Partner organisation details

Legal name	Evipro Oy
Country	Finland
Region	Helsinki-Uusimaa
City	ESPOO
Website	www.evipro.fi

Profile

Type of Organisation	Social enterprise
Main sector of activity	Other (specify)

Background and experience

Please briefly present the organisation/group (e.g. its type, scope of work, areas of activity and if applicable, approximate number of paid/unpaid staff, learners and members of the group).

Evipro is Finnish company offering education, consultation, coaching, work supervision and other services in the area of mental health and substance abuse work. Company is established in 2011 and we see ourselves as a platform for open discussion to improve good mental health. We share information and encourage discussions together with academic researchers, clinicians and experts by experience. From the very beginning service users and experts by experience have been an important part of work of Evipro. They have worked with us as lecturers, consultants, experts and fellow workers. Globally, we arrange annual European Conference on Mental Health (ECMH) in different European countries. So far, we have been in Finland, Estonia, Latvia, Czech Republic, Germany, Croatia and Northern Ireland. In 2020 ECMH was held online due to covid situation, and this will be the case also in 2021. In Finland, we arrange 2-3 larger learning processes every year, mostly related to recovery-oriented practices in mental health and substance abuse work. So far, over 1000 participants, out of which 5 % have been service users, have participated these co-produced events. In Evipro we have 3 paid staff and every year we have 10-20 paid part-time workers in our projects and learning events. These staff members are both service users and professionals from different fields of health and social care.

What are the activities and experience of the organisation in the areas relevant for this project? What are the skills and/or expertise of key persons involved in this project?

Evipro owners are M.Soc.Sc Liisa Kallio and PhD, Adjunct Professor Lauri Kuosmanen. We both are experienced professionals with combined experience from mental health and substance abuse work for over 50 years. We both work on daily basis with professionals and service users in different learning and development processes. In all of Evipro events, big or small, we aim to increase collaboration between service users and professionals in different fields. We believe that services and care processes can be improved with respectful collaboration between different parties. In our learning events every participant's voice is as important. We have given arena for research, practice development, projects and personal experiences. We always support first-time presenters and those coming from low-income countries. We have very close collaboration with local partners in psychiatric hospitals, universities and service user associations. Before every conference, we have organized one or two "abstract clinics" where we teach participants, including service users, how to write conference abstracts and how to present it as oral or poster presentation. By integrating service users and experts by experience into teaching and research we can constitute holistic view on health, health problems and treatment.

Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects

No past participation has been found for Organisation ID: E10277328

Project Description

Priorities and Topics

Please select the most relevant horizontal or sectoral priority according to the objectives of your project.

HORIZONTAL: Inclusion and diversity in all fields of education, training, youth and sport

If relevant, please select additional priorities according to the objectives of your project.

HORIZONTAL: Common values, civic engagement and participation

Please explain how your chosen priorities relate to the aims and objectives of your project.

Project title: Embedding an Emancipatory Educational Framework in Communities for people marginalised and excluded because of mental health and/or substance misuse issues
Project Aim: To implement an emancipatory participatory learning process that is co-created and implemented by a cohort of learners from sometimes marginalised and excluded communities, specifically related to mental health and substance use.
Project objectives: • Design and deliver Human Rights Based Recovery Education Training for Trainer programmes to build capacity of local communities in meeting local needs; • Local implementation of community based recovery education programme processes, further to this training; • Establish & Disseminate proof of concept along with a digital resource / tools.
People who experience mental health and substance misuse challenges often find themselves in exclusionary positions within their communities and society generally, where diversity of experience and lifestyle are not accommodated. Sub sequentially, community/society and self stigma and discrimination brings about marginalisation that creates difficulties for people within these communities to thrive; to connect with community; to overcome 'otherness'; to achieve equal citizenship rights status and opportunity. Moreover, contemporary health services responses to these challenges focus more on clinical symptoms and responses to treatment than on people's ability to gain personal and social recovery that enables engagement with a connected life and identity that offers meaning in relation to living with and in society. Although global attempts are attempting to broaden health services response, change is slow and there are already identified processes outside of health care delivery that can enable this necessary transformation. One such approach is by becoming engaged in a participative democratic co-created emancipatory educational process, based on individual and community needs and embedded in a human rights based approach to educational inclusiveness. The project team believes that there are common values across nation states that given the opportunity for engagement and participation in determining an educational process for themselves, excluded communities through a participative educational process, can capitalise on such an educational approach towards their own recovery and engagement as equal citizens in community. More specifically, through generating this educational process within communities, inclusive of developing the capacity of the community itself to continue embedding the process, that the legacy of this project will provide a beacon example of both of these priorities in action for this target group. The lead applicant has demonstrated proof of concept for this educational approach (<http://recoverycollege.ie/wp-content/uploads/2020/07/DCU-Recovery-College-Report-proof04-1.pdf>) within an Irish context and together with partners, believe that a contextualised application of the approach will significantly impact on this communities lives in relation to both priorities.

Please select up to three topics addressed by your project

Creating new, innovative or joint curricula or courses

Inclusion of marginalised young people

Physical and mental health, well-being

Project Description

Please explain the context and the concrete objectives of your project.

This educational process and programme has a particular context. It is specifically addressing a global challenge that relates to exclusion from active citizenship and equal rights of people who experience mental health and substance misuse difficulties. It is adopting a participatory educational process and programme development to demonstrate that the following objectives can be met: • Design and deliver Human Rights Based Recovery Education Training for Trainer programmes to build capacity of local communities in meeting local needs; • Local implementation of community based recovery education programme processes, further to this training; • Establish & Disseminate proof of concept along with a digital resource / tools.

How will the project meet the needs of your partnership and those of the target groups?

All of the partners are working with people who have mental health and/or substance misuse difficulties. Each partner is unique in that people with these difficulties not only avail of the services of these partners, they also comprise part of the workforce and are instrumental in the decision making and/or driving the agenda of the organisations. All partners are involved in training, service provision and development activities that seek to enhance the inclusiveness of people with mental health and substance misuse difficulties. This is not an easy road for partners and the target group. This project offers an opportunity for collaboration, shared expertise, shared experience and exploitation of particular expertise and experience of each partner towards a common achievement. All have identified the need for a more participatory, more effective educational approach to building capacity amongst this community and we believe the project offers optimum process to achieve that together.

Outline the benefits of cooperating with transnational partners to achieve the project objectives.

Each partner has unique experiences and expertise in providing adult education to and with people who experience mental health and substance misuse difficulties and each partner works within a national cultural perspective relating to this community of people. The amalgamation of this collective expertise strengthens the potential for this project to deliver on objectives and enable site specific contextualisation of learning and transformation, and the development of an approach that is more generalisable across the EU and other nation states. Both the target group and teachers will become part of a broader experiential cooperative where learning and experiences can enrich both the site specific educational outcomes and the personal and social capacity of stakeholders involved.

What outcomes, including project results when relevant, are expected during the project and on its completion?

The key outcome for this project is that in each partner site that capacity against the two horizontal priorities within the target community will be enhanced by the implementation of an emancipatory participatory learning process that is co-created and implemented by a cohort of learners from those communities, specifically related to mental health and substance use. The project will demonstrate that a purposefully developed participatory learning process and educational programme will improve the capacity of individuals from target communities to recover from their mental health and substance use difficulties, embrace their rights as European citizens, their place in community and have an embedded resource within their communities to continue with their emancipatory endeavours. The shared learning and experiences of partners, associate partners and learners will offer a broader understanding of the place of emancipatory participative adult education addressing social exclusion and celebration of diversity that can be shared beyond the scope of project through a robust dissemination strategy. In order to meet the wider outcomes, there are a number of specific project deliverable results that will together create the framework to enable this. There are five work packages (please see Work Package descriptors 1 to 7 in annexes for a specific breakdown of how these objectives are expected to be achieved over an incremental milestone process (please see Project Timeline in annex section) that together will create this framework and proof of concept. The Work Packages (WP's) comprise: WP1 - Project Management, incorporating roll modelling PAR process to incorporate overarching educational process for local partner contextualisation; WP2- Development of Evaluation framework; WP3 - Implementation of educational programme; WP4- Dissemination and Communication; WP5- Development of practice guidelines for co-produced human rights based community capacity building education, relating to mental health and substance use. Each WP descriptor has specified deliverables that will achieve objectives of that WP and collectively achieve the overall objectives of the project.

In what way is the project innovative and/or complementary to other projects already carried out by the participating organisations?

As identified previously, each partner brings a particular expertise and experience to the project. The collective application of those will enable a co-created novel expert approach to the educational focus of the project. The particular innovation to this process is the utilisation of a participatory learning programme towards enhancing the recovery journey of people with mental health and substance misuse difficulties and demonstrating this through a robust evaluation framework that includes personal and social recovery outcome indicators.

How did you choose the project partners and what will they bring to the project? Does it involve organisations that have never previously been involved in a EU-funded partnership project?

Partners were chosen for a number of reasons. Firstly, that they were already engaged with communities of people who have mental health and substance misuse difficulties and have a wider network of associations with other similar organisations and communities. All partners have a similar principle in relation to involving the target community in their

organisational structures and services delivery. Each partner provides education relating to target communities. They bring diversity of approach, experience of adult educational approaches. In various ways the partners inspire the lead applicants in how they conduct their own approaches and there seems to be some common values such as: human rights base; service user/peer involvement; valuing experiential knowledge; curiosity; and inclusiveness in their manifestos. Our one non programme partner Penumbra brings extensive knowledge and experience of systemic implementation of service provision and training enshrining the above values that will provide a lens for all partners to perceive the opportunity for contextualised intervention to become both sustainable and embedded. The lead applicant has worked with three of the five partners on other projects and is aware of and inspired by the work of the peer run organisation that it has not partnered before. Three of the partners have been involved in EU funded partnerships before and two have not.

If relevant, please identify and explain the involvement of associated partners, not formally participating in the project. Please explain how they will contribute to the implementation of specific project tasks/activities or support the sharing of project results and the sustainability of the project.

An associated partners list is provided in the annex section of this application. A Participatory Action Research (PAR) methodology is being applied to this project and associated partners are pivotal to the implementation. As with partners, they are engaged with and in most cases comprise people who experience mental health and substance misuse difficulties. They are networked into the target communities and have previous and existing working relationships with partners. From the outset, as members of the project steering group, as networks for the target communities they will contribute to the overall methodology and implementation of the project. Associated partners are already embedded in their communities and will enhance the potential sustainability impact of the project after completion. It is expected that their members may become both learners and through the train the trainer's aspect of the project, future implementers of the established educational process and local programmes.

Participants

Please briefly describe how you will select and involve participants (e.g. learners, staff, etc.) in the different activities of your project.

In some instances, existing staff from partner organisations will be involved in the project and additional teaching staff will be recruited through the human resource policy directives of each partner. Each partner already employs people with experience of mental health and/or substance misuse difficulties and employment of staff will look favourably on applicants who have this expertise by experience. Learner participants for the project will be recruited through the community networks of each partner organisation and those of associate partners. They will be selected on the basis of having self declared mental health and/or substance misuse difficulties and a desire to engage in the project learning process and educational programmes. It is estimated that up to thirty learners will be recruited at each site.

Participants with fewer opportunities: does your project involve participants facing situations that make their participation more difficult?

Yes

How many participants would fall into this category?

30

Which types of situations are these participants facing?

Social obstacles

Educational difficulties

Health problems

How will you support these participants so that they will fully engage in all phases of the planned activities (including selection, preparation and follow-up)?

Through the Network contacts there will be introduction workshops on what the programme will entail and how it will be conducted, with opportunity for dialogue and contribution to how supports can be enhanced on the programme itself. Each learner will have an allocated mentor from local implementation teams and in the case of people identifying as having circumstances that make their participation more difficult the mentor will be a peer (someone on the team who has also experienced mental health and/or substance misuse difficulties). In addition, each site will establish a Peer Support Group that lies outside of the formal delivery of the programme. It is expected that some participants may be experiencing

mental health and/or substance misuse problems and the inclusion of peer support will lessen the potential obstacles for people with these health problems. As learners will be recruited from existing networks, in themselves supportive, there is a further opportunity for learners to seek additional support outside of the programme itself. The programme adopts a co-operative learning pedagogy, which utilises the experiences and capacities of the learners themselves to achieve learning outcomes. This is an empowering and non-didactic approach that sits more favourably with people who have educational difficulties. Moreover, the creative methods employed in such an approach provides a wider lens for learning than traditional education that participants may otherwise be fearful of. In the first module of the project the learners themselves create the process and outcomes and the pace is one that accommodates the entire learner group.

Please describe briefly how and in which activities these persons will be involved.

The principal activities the learners will be involve in are: 1. Participating in Peer Support groups; 2. Participating in the first learning module incorporating a 'learning together process and 'facilitation skills (See Learning Together & Facilitation Skills illustration in annex section); 3. Having identified content and design in module one, they will then participate in the second module 'mental health wellbeing' 4. As part of both the evaluation of the project and ensuring participation in the ongoing process, learners will participate in bi monthly open dialogue meetings where they share experiences, wisdom, opportunities and challenges arising out of the learning process 5. A designated number of learners interested in future delivery of the programme will participate in the second learning, teaching and training activity (M23) 6. Learners will also be invited to their local multiplier event.

Preparation

Please describe what will be done in preparation by your organisation/group and by your partners/group before the actual project activities take place, e.g. administrative arrangements, communication about the activities, selection of the persons, coaches, involvement of stakeholders, etc.

Please see Project timeline in annex section. The initial participatory action process and learning process will begin its development in the first six months. Within this timeframe: the steering group will be established; the project handbook will be completed, that includes monitoring and financial arrangements; the partners and associated partners will advertise and engage with potential learners to establish a participative community; the communication plan will be established that outlines rules of engagement and communication channels and the project teams will be inducted to the project. In addition, a sharing platform for all relevant documents, milestone indicators and updates will be developed and populated before the project begins. As the process is being established before the commencement of the educational programme itself there are a number of key meetings that will take place: Kick off meeting(M1); Learning, Teaching and Training activity (M7) and a second project meeting(M13).

Management

Funds for Project Management and Implementation

Funds for "Project Management and Implementation" are provided to all Cooperation Partnerships based on the number of participating organisations and the duration of the project. The purpose of these funds is to cover diverse expenses that any project may incur, such as planning, communication between partners, small-scale project materials, virtual cooperation, local project activities, promotion, sharing of project results and other similar activities not covered by other types of funding.

A partnership may receive a maximum of 2750 EUR of "Project Management and Implementation" grant per month.

Organisation role	Grant per organisation and per month	Number of organisations	Grant
Coordinator	500	1	18 000
Partner	250	4	36 000
Total		5	54 000

Please provide detailed information about the project activities that you will carry out with the support of the grant requested under the item "Project Management and Implementation"

The project management and implementation for this project has been divided into five WP's with each partner contributing designated WP unit days to the delivery of the project. Please see WP's 1 to 5; Project timeline; and Total Work Package Unit Days documents in the annex section. These identify project objectives, tasks and deliverables, key milestones for WP's and a breakdown of the partner contributions to each WP. There are a number of processes that together comprise the overall project and create a participatory methodology that will optimise the effectiveness of the central activity, the implementation of an emancipatory educational programme across all five partner sites. The first of two modules (see Learning Together & Facilitation Skills illustration in annex section) will incorporate the co-production by teachers and learners of the second module based on local community needs at each partner site. This bespoke second module will then be co delivered by a teacher and designated students who completed the first and are ready to provide support course facilitation. Key project activities and intended results are summarised below. WP1 - Project Management, incorporating roll modelling PAR process to incorporate overarching educational process for local partner contextualisation, delivering specific outcomes of the project: • D1.1 EEEFCom Project handbook with work plan (M3) with a comprehensive plan of meeting dates, venues and participants for meetings. Will including a detailed overview of workflow for WP's, project methodology process. Update of work plan (M18); • D1.2. PAR report (M18) and (M34); • D1.3. Agreed conceptual learning framework for implementation across five partner sites (M8). WP2- Development of Evaluation framework, delivering specific outcomes of the project: • D2.1 Evaluation Framework Developed (M7) and (M14); • D2.2 Data from all programming collated and analysed (M22) and (M28); • D2.3 Findings amalgamated (M28) and presented in end of project, proof of concept report for wider dissemination (M33). WP3 - Implementation of educational programme, delivering specific outcomes of the project: • D3.1 Recovery: Learning Together Train the trainers programme development & delivered across five programme partner sites (M22); • D3.2 Mental Health Wellbeing Programmes Coproduced and Delivered across five programme partner sites (M29); • D3.3 Training for Trainer Toolkit produced (M29). WP4- Dissemination and Communication, delivering specific outcomes of the project: • D4.1. Dissemination plan (M2); • D4.2. Project Website incorporating EEEFCom sharing platform (M2); • D4.3. Communication plan(M2); reviewed (M7) & (M23). WP5- Development of practice guidelines for co-produced human rights based community capacity building education, relating to mental health and substance use, delivering specific outcomes of the project: • D5.1. Development of Good Practice Guidelines based project process and proof of concept; • D5.2. Translation of Practice Guidelines.

Transnational Project Meetings

Transnational project meetings: how often do you plan to meet, who will participate in those meetings, where will they take place and what will be the goal?

There will be three face to face project meetings during the programme and two virtual project management meetings. First two project meetings will comprise of three staff from each partner organisation and the third will also include 2 newly trained trainers from each partner site. The two virtual project meetings will also include members of the steering group.

Please specify the funds requested to organise the planned transnational project meetings.

Meeting ID	Leading Organisation	Meeting Title	Country of Venue	Starting Period	N° of Participants	Grant
1	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	Kick off Meeting	Ireland	2021-11	12	5 730
2	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	Interim Project Meeting	Spain	2022-11	13	8 030
3	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	Closing meeting	Ireland	2024-11	20	9 550
Total					45	23 310

Transnational Project Meetings Budget (1)

To estimate the distances between places, please use the European Commission's distance calculator:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Sending Organisation	Country of the Sending Organisation	N° of Participants	Distance Band	Grant per participant	Grant
FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	Spain	3	100 - 1999 km	575	1 725
Recovery Academy of Ireland (E10275430 - Ireland)	Ireland	3	0 - 99 km	0	0
Penumbra (E10149724 - United Kingdom)	United Kingdom	3	100 - 1999 km	575	1 725
Evipro Oy (E10277328 - Finland)	Finland	3	>= 2000 km	760	2 280

Transnational Project Meetings Budget (2)

To estimate the distances between places, please use the European Commission's distance calculator:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Sending Organisation	Country of the Sending Organisation	N° of Participants	Distance Band	Grant per participant	Grant
DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	Ireland	4	100 - 1999 km	575	2 300
Recovery Academy of Ireland (E10275430 - Ireland)	Ireland	3	100 - 1999 km	575	1 725
Penumbra (E10149724 - United Kingdom)	United Kingdom	3	100 - 1999 km	575	1 725

Evipro Oy (E10277328 - Finland)	Finland	3	>= 2000 km	760	2 280
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Transnational Project Meetings Budget (3)

To estimate the distances between places, please use the European Commission's distance calculator:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Sending Organisation	Country of the Sending Organisation	N° of Participants	Distance Band	Grant per participant	Grant
FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	Spain	5	100 - 1999 km	575	2 875
Recovery Academy of Ireland (E10275430 - Ireland)	Ireland	5	0 - 99 km	0	0
Penumbra (E10149724 - United Kingdom)	United Kingdom	5	100 - 1999 km	575	2 875
Evipro Oy (E10277328 - Finland)	Finland	5	>= 2000 km	760	3 800

Project Management

How will you ensure proper budget control and time management in your project?

WP1 (in annex section) outlines the project management strategy for ensuring correct financial and time management. A financial manager from lead (DNRC) partner in conjunction with project coordinator and project manager will produce a project handbook identifying amongst other requirements, financial reporting arrangements and monitoring process of milestone achievement. Monthly update virtual meetings between WP leads and project management team will ensure the project meets expected milestones and pre-empt any potential risks, delays and conflicts that may otherwise arise.

Please describe the tasks and responsibilities of each partner organisation in the project.

The tasks and responsibilities along with committed time to each are written into the five WP's that together incorporate the overall project management and implementation of the project (see detailed WP's in annex section). The WP lead partners with overall responsibility for the tasks within their WP are listed below. Dublin City University, Dublin North, North East Recovery College (DNRC) WP1 - Project Management, incorporating roll modelling PAR process to incorporate overarching educational process for local partner contextualisation WP2- Development of Evaluation framework Fundacion Mundo Bipolar (FMB) WP4- Dissemination and Communication Recovery Academy of Ireland (RAI) WP3 - Implementation of educational programme Penumbra (PMBA) WP5- Development of practice guidelines for co-produced human rights based community capacity building education, relating to mental health and substance use Evipro Oy(Evip) Specified input into each of the five WP's

How will the progress, quality and achievement of project activities be monitored? What qualitative and quantitative indicators will you use to measure the quality of the project's results?

WP1 outlines how a detailed project management plan will be developed underpinned by a participative action research quality methodology that will ensure quality monitoring and milestone achievement of the project activities. WP2 focuses on the development of a robust evaluative framework informed by an existing proof of concept framework from the lead partner that will be introduced to and contextualised to the cooperative partnership project. It includes a cross sectional quantitative and qualitative design that captures both the process experience and personal and collective outcomes.

Please give information about the involved staff, as well as the timing and frequency of the monitoring activities.

Specified project staff are already identified under 'Participating Organisations' section of application. These will take a lead on the project at local and collective level. In addition to these each partner depending on their organisational capacity and unit days allowance, will employ teachers with a specialist knowledge of the project educational programme context, during the implementation phase of the project. The project handbook (WP1) will highlight the required frequency and stages of project activity for monitoring purposes.

What are your plans for handling risks which could happen during the project (e.g. delays, budget, conflicts, etc.)?

A project of this size is susceptible to risks though with a relatively small partnership they will be limited. The partners have a track record of delivering on projects and three of them have participated in several international partnerships to project conclusion. In mitigating potential risk, the project management plan will ensure: • Effective communication between partners; • Manage and maintain the engagement of stakeholders through participatory process; • Proactively manage data availability and quality; • Through the project management group manage efficient interdependencies between work packages; • Ensure a dialogical process is maintained throughout the project time frame.

Implementation

Please explain how will the project activities lead to the achievement of the project objectives and delivery of the planned results?

The aim of this project is to implement an emancipatory participatory learning process that is co-created and implemented by a cohort of learners from sometimes marginalised and excluded communities, specifically related to mental health and substance use. This will be achieved through three key project objectives: • Design and deliver Human Rights Based Recovery Education Training for Trainer programmes to build capacity of local communities in meeting local needs. • Local implementation of community based recovery education programme processes, further to this training • Establish & Disseminate proof of concept along with a digital resource / tools The project activities are divided

into five work packages that combined will achieve the planned objectives and planned results. WP1 leads the design and development of the educational process, dovetailing with WP3 that will develop and contextualise to each partner site the bespoke educational programme. WP1 and WP2 will ensure consistent stakeholder engagement through a participatory action research process and developing and implementing a robust evaluation framework. WP4 and WP5 combined will produce a broad dissemination and Good Practice Guidelines based on proof of concept of the learning process and programme implementation

How will you communicate and cooperate with your partners?

From the outset of the project a communication plan will be developed in WP4 in conjunction with all partners and synchronised with the Project Plan developed in WP1. An EEEFCom sharing platform will be established and incorporated into the project Website to ensure effective and updated written communication between all partners. The Project Time Line (see annex section) outlines a series of virtual and face to face meetings, including: project meetings, teaching and learning activities and multiplier events. The applicants consider it essential that these meetings are interactive, contain opportunities for connecting and for reflective dialogue on the process development. In addition to the scheduled time lined meetings monthly project management meetings will be convened during the course of the project comprising the project management team in WP1 and the leads from each partner site to ensure ongoing operational communications.

Have you used or do you plan to use eTwinning, School Education Gateway, EPALE or the Erasmus+ Project Results Platform for preparation, implementation or follow-up of your project? If yes, please describe how.

We will develop a bespoke dynamic website with incorporated sharing platform

Production of Project Results

Do you plan to produce project results in your project? Yes

Project Results Summary

Result ID	Leading Organisation	Result Title	Starting Period	Ending Period	Grant
1	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	Project Management and Participatory Action Research Methodology	01-11-2021	30-10-2024	37810
2	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	Development of Evaluation Framework and Report	01-11-2021	30-10-2024	38592
3	Recovery Academy of Ireland (E10275430 - Ireland)	Implementation of Educational Programme and Development of Train the Trainer Toolkit	30-09-2022	30-03-2024	83720
4	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	Communication and Dissemination	01-11-2021	31-10-2024	28285
5	Penumbra (E10149724 - United Kingdom)	Best Practice Guidelines	31-01-2024	31-07-2024	18895

Project Results Details (1)

Result ID	1
Result Title	Project Management and Participatory Action Research Methodology
Result Leading Organisation	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)
Result Description (including: needs analysis, target groups, elements of innovation, expected impact and transferability potential)	<p>Project Management, incorporating roll modelling PAR process to incorporate overarching educational process for local partner contextualisation Objective(s): O1.1 Ensure the progress of the project: Monitoring that the milestones are reached to the highest possible quality, and the tasks progress in line with the EEEFCom work plan. O1.2 Day to day project management: Including legal management and financial monitoring, and report this properly to the European Commission. O1.3 Planning and preparation of project meetings, steering group meetings, WP leader meetings, and quality control of deliverables. O1.4 Overall data management: Coordinating the collection, storage and exploitation of primary and secondary data used in EEEFCom, ensuring compliance with European and national data protection laws. O1.6 Establishment of an overarching participatory action research (PAR) process that incorporates, students, associate partners, partners and any other relevant stakeholders in the educational process and project outcomes DNRC is the partner primarily responsible for day to day project management of EEEFCom with contributions from each partner. The Project management team will include the Project Coordinator and Project Manager. This WP includes the co-ordination of WP milestones, partner contributions and contact with the European Commission. The work includes but is not restricted to: ● Managing project meetings and steering group meetings ● Control of governance and work plan compliance ● Monitoring of data management ● Establishing a transparent, inclusive PAR project methodology Project management will facilitate and monitor the progress of cooperation partners in producing and contributing to the deliverables and milestones of the project according to EEEFCom work plan. Target group are people with mental health and substance misuse difficulties. The impact of this result will be the smooth overall delivery of the entire project and the methodology is particularly innovative because of the use of PAR to enable co-creation by learners of their own capacity needs through an education programme.</p>
Result Type	Methodologies / guidelines – Methodological framework for implementation
Please describe the division of work, the tasks leading to the production of the result and the applied methodology	The Division of work, tasks and production the results through a defined Participatory Action Research methodology are described in detail in WP1 (see annex section of application)
Result Production Start Date (dd-mm-yyyy)	01-11-2021

Result Production End Date (dd-mm-yyyy)	30-10-2024
Result Languages	English
Result Media	Website , Text File , Other
Result Participating Organisations	FUNDACION MUNDO BIPOLAR (E10130986 - Spain) , Recovery Academy of Ireland (E10275430 - Ireland) , Penumbra (E10149724 - United Kingdom) , Evipro Oy (E10277328 - Finland)

Project Results Budget (1)

Result ID	Organisation	Managers	Teachers / Trainers / Researchers	Technicians	Administrative staff / Volunteers	Grant
1	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	0	21690	0	0	21690
2	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	0	2740	0	0	2740
3	Evipro Oy (E10277328 - Finland)	0	4280	0	0	4280
4	Penumbra (E10149724 - United Kingdom)	0	4280	0	0	4280
5	Recovery Academy of Ireland (E10275430 - Ireland)	0	4820	0	0	4820
Total		0	37810	0	0	37810

Project Results Budget Details (1)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	Ireland	Teachers/Trainers/Researchers	90	241	21690
Total				90		

Project Results Budget Details (1)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	Spain	Teachers/Trainers/Researchers	20	137	2740
Total				20		

Project Results Budget Details (1)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Evipro Oy (E10277328 - Finland)	Finland	Teachers/Trainers/Researchers	20	214	4280
Total				20		

Project Results Budget Details (1)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Penumbra (E10149724 - United Kingdom)	United Kingdom	Teachers/Trainers/Researchers	20	214	4280
Total				20		

Project Results Budget Details (1)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Recovery Academy of Ireland (E10275430 - Ireland)	Ireland	Teachers/Trainers/Researchers	20	241	4820
Total				20		

Project Results Details (2)

Result ID	2
Result Title	Development of Evaluation Framework and Report
Result Leading Organisation	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)
Result Description (including: needs analysis, target groups, elements of innovation, expected impact and transferability potential)	<p>DNRC is the partner primarily responsible for the coordination and implementation of the proof of concept evaluation framework with contributions from all programme partners. Objectives: O2.1 Establish proof of concept evaluation framework adopting Participatory Action Research methods, clearly illustrating the benefits of the emancipatory educational programmes implemented throughout the project life cycle. O2.2 Monitoring agreed outputs the framework will ensure all project partners position marginalised learners and excluded communities centrally in the co-creation and delivery of community based mental health and substance use programmes to meet locally identified needs across all programme sites within the timelines set. O2.3 Amalgamate data form across all learning sites. Findings will be presented in proof of concept report using Human Rights, Recovery Education and Community Development indicators O2.4 Proof of concept report disseminated, demonstrating programme feasibility and impact with a view to realising programme sustainability beyond the scope of the Erasmus+ funded project life cycle, embedding this community model of work within policy and practice to support individuals and communities marginalised because of mental health and substance use. Target group are people with mental health and substance use difficulties. Expected proof of concept from this result will demonstrate the potential of a participatory co- produced learning process and programme implementation to enhance the capacity of people in communities otherwise experiencing social exclusion, to improve their personal and social recovery experiences. Target group people with mental health and substance misuse difficulties. The methodology and evlauative framework will be ransferable to similar contexts, however as a product of PAR the process rather than site specific experience will be transferable.</p>
Result Type	Methodologies / guidelines – Evaluation method and tool
Please describe the division of work, the tasks leading to the production of the result and the applied methodology	The Division of work, tasks and production the results through a defined Participatory Action Research methodology are described in detail in WP2(see annex section of application)
Result Production Start Date (dd-mm-yyyy)	01-11-2021
Result Production End Date (dd-mm-yyyy)	30-10-2024
Result Languages	English
Result Media	Publications , Service , Dataset , Text File

Result Participating Organisations

FUNDACION MUNDO BIPOLAR (E10130986 - Spain) ,
Recovery Academy of Ireland (E10275430 - Ireland) , Penumbra
(E10149724 - United Kingdom) , Evipro Oy (E10277328 -
Finland)

Project Results Budget (2)

Result ID	Organisation	Managers	Teachers / Trainers / Researchers	Technicians	Administrative staff / Volunteers	Grant
1	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	0	28920	0	0	28920
2	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	0	1644	0	0	1644
3	Evipro Oy (E10277328 - Finland)	0	2568	0	0	2568
4	Penumbra (E10149724 - United Kingdom)	0	2568	0	0	2568
5	Recovery Academy of Ireland (E10275430 - Ireland)	0	2892	0	0	2892
Total		0	38592	0	0	38592

Project Results Budget Details (2)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	Ireland	Teachers/Trainers/Researchers	120	241	28920
Total				120		

Project Results Budget Details (2)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	Spain	Teachers/Trainers/Researchers	12	137	1644
Total				12		

Project Results Budget Details (2)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Evipro Oy (E10277328 - Finland)	Finland	Teachers/Trainers/Researchers	12	214	2568
Total				12		

Project Results Budget Details (2)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Penumbra (E10149724 - United Kingdom)	United Kingdom	Teachers/Trainers/Researchers	12	214	2568
Total				12		

Project Results Budget Details (2)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Recovery Academy of Ireland (E10275430 - Ireland)	Ireland	Teachers/Trainers/Researchers	12	241	2892
Total				12		

Project Results Details (3)

Result ID	3
Result Title	Implementation of Educational Programme and Development of Train the Trainer Toolkit
Result Leading Organisation	Recovery Academy of Ireland (E10275430 - Ireland)
Result Description (including: needs analysis, target groups, elements of innovation, expected impact and transferability potential)	<p>Objectives O1. Implementation of Educational Programme process O2. Ensure the development and delivery of training for trainer's programme O3. Ensure Reflective Teacher Training module for facilitators and participants engaged with the T for T process is implemented O5. Ensure the Mental Health Wellbeing Programmes are delivered across five sites co-led by local people with experience of marginalisation due to mental health and/or substance misuse difficulties The Recovery academy of Ireland (RAI) will be responsible for the coordination between the five partner sites, ensuring the development and implementation of the educational programme and the trainer programme toolkit entitled 'Recovery: Learning Together Training for Trainers.' This will be designed during the development stage with involvement from all five partner sites and delivered at the end of implementation phase (M29 collaboratively between programme partners. The RAI will lead on training for trainer programme, to be designed with sustainability beyond the lifespan of this project, with clear synergies to be established between participating organisations. This process will ensure the recruitment of learners from all agencies involved within the network of programme partners and associated partners, giving opportunity for wider dissemination of the educational programme and inform the training for trainer toolkit. Deliverables D3.1 Recovery: Learning Together Train the trainers programme development & delivered across five programme partner sites (M22) D3.2 Mental Health Wellbeing Programmes Coproduced and Delivered across five programme partner sites (M29) D3.3 Training for Trainer Toolkit produced (M29) Both the learning process and toolkit will be transferable</p>
Result Type	Course / curriculum – Design and development
Please describe the division of work, the tasks leading to the production of the result and the applied methodology	The Division of work, tasks and production the results through a defined Participatory Action Research methodology are described in detail in WP3(see annex section of application)
Result Production Start Date (dd-mm-yyyy)	30-09-2022
Result Production End Date (dd-mm-yyyy)	30-03-2024
Result Languages	English , Finnish , Spanish
Result Media	Interactive Resource , Website , Other
Result Participating Organisations	DUBLIN CITY UNIVERSITY (E10209077 - Ireland) ,

FUNDACION MUNDO BIPOLAR (E10130986 - Spain) ,
Penumbra (E10149724 - United Kingdom) , Evipro Oy
(E10277328 - Finland)

Project Results Budget (3)

Result ID	Organisation	Managers	Teachers / Trainers / Researchers	Technicians	Administrative staff / Volunteers	Grant
1	Recovery Academy of Ireland (E10275430 - Ireland)	0	31330	0	0	31330
2	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	0	15665	0	0	15665
3	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	0	8905	0	0	8905
4	Penumbra (E10149724 - United Kingdom)	0	13910	0	0	13910
5	Evipro Oy (E10277328 - Finland)	0	13910	0	0	13910
Total		0	83720	0	0	83720

Project Results Budget Details (3)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Recovery Academy of Ireland (E10275430 - Ireland)	Ireland	Teachers/Trainers/Researchers	130	241	31330
Total				130		

Project Results Budget Details (3)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	Ireland	Teachers/Trainers/Researchers	65	241	15665
Total				65		

Project Results Budget Details (3)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	Spain	Teachers/Trainers/Researchers	65	137	8905
Total				65		

Project Results Budget Details (3)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Penumbra (E10149724 - United Kingdom)	United Kingdom	Teachers/Trainers/Researchers	65	214	13910
Total				65		

Project Results Budget Details (3)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Evipro Oy (E10277328 - Finland)	Finland	Teachers/Trainers/Researchers	65	214	13910
Total				65		

Project Results Details (4)

Result ID	4
Result Title	Communication and Dissemination
Result Leading Organisation	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)
Result Description (including: needs analysis, target groups, elements of innovation, expected impact and transferability potential)	<p>Objective(s): O4.1 Embed an interactive real time reviewed communication plan into the overall participatory action research process, subject to review and revision from stakeholder feedback O4.2 Develop a dynamic website updated as project milestones are achieved and utilised for external dissemination O4.3 Knowledge translation and dissemination plan to be developed that will facilitate workflow between partners, stakeholders and civil society. Project generated knowledge and tools developed will be made publically accessible and shared with relevant external stakeholders involved in service provision and education relating to mental health and/or substance misuse. O4.4 Impact will be ensured through dissemination of evaluation findings and tools via journal articles, conferences, policy briefs, open access websites, social media and popular press Description of work: T4.1 FMB in conjunction with partner leads will develop a dissemination plan that will include key communication messages and relevant timeline, roles of each partner in dissemination and communication campaigns, as well as the content to be employed in project's dissemination activities. A publication and event/conference schedule will be agreed between all partners and coordinated by FMB (M13) T4.2 The Dissemination plan will give strategic and operational direction for a visual identity and branding that will inform all materials produced for the purpose of implementing project and dissemination project outcomes. T4.3 FMB in conjunction with EVIP will develop a dynamic project website incorporating, all relevant project information and updates using the latest user-friendly technology. The website will incorporate the EEEFCom sharing platform designed to maintain participatory network engagement and information updates (M2). T4.4 FMB will develop an initial communication plan that will be updated with feedback from partners and stakeholders as needed. Deliverables: D4.1. Dissemination plan (M2) D4.2. Project Website incorporating EEEFCom sharing platform (M2) D4.3. Communication plan(M2); reviewed (M7) & (M23) Target population: organisations involved in community education, particularly but not exclusively relating to mental health and substance misuse</p>
Result Type	Learning / teaching / training material – Other
Please describe the division of work, the tasks leading to the production of the result and the applied methodology	The Division of work, tasks and production the results through a defined Participatory Action Research methodology are described in detail in WP4(see annex section of application)
Result Production Start Date (dd-mm-yyyy)	01-11-2021

Result Production End Date (dd-mm-yyyy)	31-10-2024
Result Languages	English , Finnish , Spanish
Result Media	Website , Broadcast , Social Media , Interactive Resource
Result Participating Organisations	DUBLIN CITY UNIVERSITY (E10209077 - Ireland) , Recovery Academy of Ireland (E10275430 - Ireland) , Penumbra (E10149724 - United Kingdom) , Evipro Oy (E10277328 - Finland)

Project Results Budget (4)

Result ID	Organisation	Managers	Teachers / Trainers / Researchers	Technicians	Administrative staff / Volunteers	Grant
1	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	0	13700	0	0	13700
2	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	0	3615	0	0	3615
3	Evipro Oy (E10277328 - Finland)	0	6420	0	0	6420
4	Penumbra (E10149724 - United Kingdom)	0	2140	0	0	2140
5	Recovery Academy of Ireland (E10275430 - Ireland)	0	2410	0	0	2410
Total		0	28285	0	0	28285

Project Results Budget Details (4)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	Spain	Teachers/Trainers/Researchers	100	137	13700
Total				100		

Project Results Budget Details (4)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	Ireland	Teachers/Trainers/Researchers	15	241	3615
Total				15		

Project Results Budget Details (4)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Evipro Oy (E10277328 - Finland)	Finland	Teachers/Trainers/Researchers	30	214	6420
Total				30		

Project Results Budget Details (4)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Penumbra (E10149724 - United Kingdom)	United Kingdom	Teachers/Trainers/Researchers	10	214	2140
Total				10		

Project Results Budget Details (4)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Recovery Academy of Ireland (E10275430 - Ireland)	Ireland	Teachers/Trainers/Researchers	10	241	2410
Total				10		

Project Results Details (5)

Result ID	5
Result Title	Best Practice Guidelines
Result Leading Organisation	Penumbra (E10149724 - United Kingdom)
Result Description (including: needs analysis, target groups, elements of innovation, expected impact and transferability potential)	<p>Development of practice guidelines for co-produced human rights based community capacity building education, relating to mental health and substance use Objective: •To amalgamate the learning, inclusive of process outcomes learning framework a contextualised programme curricula and evaluation recommendations that will serve to inform any successors to partner teams and other communities and organisations that may wish address similar priorities, through established programme framework. Tasks: T5.1 PMBA will lead the development of Good Practice Guidelines. This will include agreement with partners on the scope, design, format and content of guidelines T5.2 PMBA will liaise with WP leads to incorporate agreed process and content for the guidelines and coordinate a consultative drafts review process with partners, ensuring a final draft is ready for publication (M34) T5.3 PMBA will arrange for Guidelines to be translated into Finnish and Spanish Deliverables: D5.1. Development of Good Practice Guidelines based project process and proof of concept D5.2. Translation of Practice Guidelines Target population: organisations involved in community education, particularly but not exclusively relating to mental health and substance misuse. Guidelines will be transferable, though second module of educational programme content is site specific.</p>
Result Type	Studies / analysis – Best practice guidelines / report
Please describe the division of work, the tasks leading to the production of the result and the applied methodology	The Division of work, tasks and production the results through a defined Participatory Action Research methodology are described in detail in WP5(see annex section of application)
Result Production Start Date (dd-mm-yyyy)	31-01-2024
Result Production End Date (dd-mm-yyyy)	31-07-2024
Result Languages	English , Spanish , Finnish
Result Media	Publications , Interactive Resource
Result Participating Organisations	DUBLIN CITY UNIVERSITY (E10209077 - Ireland) , FUNDACION MUNDO BIPOLAR (E10130986 - Spain) , Recovery Academy of Ireland (E10275430 - Ireland) , Evipro Oy (E10277328 - Finland)

Project Results Budget (5)

Result ID	Organisation	Managers	Teachers / Trainers / Researchers	Technicians	Administrative staff / Volunteers	Grant
1	Penumbra (E10149724 - United Kingdom)	0	12840	0	0	12840
2	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	0	1205	0	0	1205
3	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	0	1370	0	0	1370
4	Evipro Oy (E10277328 - Finland)	0	1070	0	0	1070
5	Recovery Academy of Ireland (E10275430 - Ireland)	0	2410	0	0	2410
Total		0	18895	0	0	18895

Project Results Budget Details (5)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Penumbra (E10149724 - United Kingdom)	United Kingdom	Teachers/Trainers/Researchers	60	214	12840
Total				60		

Project Results Budget Details (5)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	Ireland	Teachers/Trainers/Researchers	5	241	1205
Total				5		

Project Results Budget Details (5)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	Spain	Teachers/Trainers/Researchers	10	137	1370
Total				10		

Project Results Budget Details (5)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Evipro Oy (E10277328 - Finland)	Finland	Teachers/Trainers/Researchers	5	214	1070
Total				5		

Project Results Budget Details (5)

Result ID	Organisation	Country of the Organisation	Category Of Staff	N° of Working Days	Grant per Day	Grant
1	Recovery Academy of Ireland (E10275430 - Ireland)	Ireland	Teachers/Trainers/Researchers	10	241	2410
Total				10		

Multiplier Events

Do you plan to include multiplier events in your project?

Yes

Multiplier Events Summary

Event ID	Leading organisation	Event Title	Starting period	Ending period	Grant
1	Evipro Oy (E10277328 - Finland)	Evaluating the Experience and Educational Programme Implementation	2024-06-07	2024-06-07	2250.0
2	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	Sharing the Learning - Educational Tool Kit	2024-04-26	2024-04-26	2250.0
3	Penumbra (E10149724 - United Kingdom)	Best Practice Guidelines	2021-11-01	2021-11-01	7000.0
4	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	Proof of Concept Programme Outcomes	2024-10-15	2024-10-16	14000.0
					25500.0

Grant support for multiplier events can only be asked for if the project intends to produce substantial project results. Other sharing and promotion activities will be supported via the Project Management and Implementation grant.

Multiplier Events Details

Event ID	1
Event Title	Evaluating the Experience and Educational Programme Implementation
Event Leading Organisation	Evipro Oy (E10277328 - Finland)
Country of Venue	Spain
Event Description (Including: Targets groups and objectives)	This will be a virtual event held at the end of the educational programme. The key result shared at this event will be the Train the Trainer Toolkit and the qualitative experiences of students and teachers on the programme
Event Start Date (dd-mm-yyyy)	2024-06-07
Event End Date (dd-mm-yyyy)	2024-06-07
Project Results Covered	Project Results Details (3)
Event other Participating Organisations	Recovery Academy of Ireland (E10275430 - Ireland) DUBLIN CITY UNIVERSITY (E10209077 - Ireland) Penumbra (E10149724 - United Kingdom)

Multiplier Events Budget

Event ID	1
Organisation	Evipro Oy (E10277328 - Finland)
Country of the Organisation	Finland
Local Participants	0
Foreign Participants	0

Participants in virtual events	150
Grant per Local Participant	100.0
Grant per Foreign Participant	200.0
Grant per Participant in virtual events	15
Grant	2250.0

Multiplier Events Details

Event ID	2
Event Title	Sharing the Learning - Educational Tool Kit
Event Leading Organisation	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)
Country of Venue	Spain
Event Description (Including: Targets groups and objectives)	This event will be explore the utilisation and applicability of the Train theTrainer Toolkit with wider community and newly trained facilitators.
Event Start Date (dd-mm-yyyy)	2024-04-26
Event End Date (dd-mm-yyyy)	2024-04-26
Project Results Covered	Project Results Details (3)
Event other Participating Organisations	DUBLIN CITY UNIVERSITY (E10209077 - Ireland) Recovery Academy of Ireland (E10275430 - Ireland) Penumbra (E10149724 - United Kingdom) Evipro Oy (E10277328 - Finland)

Multiplier Events Budget

Event ID	2
Organisation	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)
Country of the Organisation	Spain
Local Participants	0
Foreign Participants	0
Participants in virtual events	150
Grant per Local Participant	100.0
Grant per Foreign Participant	200.0
Grant per Participant in virtual events	15
Grant	2250.0

Multiplier Events Details

Event ID	3
Event Title	Best Practice Guidelines
Event Leading Organisation	Penumbra (E10149724 - United Kingdom)
Country of Venue	United Kingdom
Event Description	Aimed at educators in the field of mental health and substance misuse interested in a

(Including: Targets groups and objectives)	participative and co produced rights based educational programme and community development groups working with people who experience social exclusion and marginalisation
Event Start Date (dd-mm-yyyy)	2021-11-01
Event End Date (dd-mm-yyyy)	2021-11-01
Project Results Covered	Project Results Details (5)
Event other Participating Organisations	DUBLIN CITY UNIVERSITY (E10209077 - Ireland) FUNDACION MUNDO BIPOLAR (E10130986 - Spain) Recovery Academy of Ireland (E10275430 - Ireland) Evipro Oy (E10277328 - Finland)

Multiplier Events Budget

Event ID	3
Organisation	Penumbra (E10149724 - United Kingdom)
Country of the Organisation	United Kingdom
Local Participants	50
Foreign Participants	10
Participants in virtual events	0
Grant per Local Participant	100.0
Grant per Foreign Participant	200.0
Grant per Participant in virtual events	15
Grant	7000.0

Multiplier Events Details

Event ID	4
Event Title	Proof of Concept Programme Outcomes
Event Leading Organisation	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)
Country of Venue	Ireland
Event Description (Including: Targets groups and objectives)	Dissemination of findings from the project implementation and proof of concept. Aimed at partners, associated partners and other actual and possible future stakeholders and organisations interested in participatory approach to community education.
Event Start Date (dd-mm-yyyy)	2024-10-15
Event End Date (dd-mm-yyyy)	2024-10-16
Project Results Covered	Project Results Details (2)
Event other Participating Organisations	FUNDACION MUNDO BIPOLAR (E10130986 - Spain) Recovery Academy of Ireland (E10275430 - Ireland) Penumbra (E10149724 - United Kingdom) Evipro Oy (E10277328 - Finland)

Multiplier Events Budget

Event ID	4
Organisation	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)
Country of the Organisation	Ireland
Local Participants	100
Foreign Participants	20
Participants in virtual events	0
Grant per Local Participant	100.0
Grant per Foreign Participant	200.0
Grant per Participant in virtual events	15
Grant	14000.0

Learning, Teaching, Training Activities

Do you plan to include learning, teaching or training activities in your project? No Yes

Activities Summary

In case you plan to include learning, teaching or training activities please encode them here.

ID	Activity Title	Leading Organisation	Country of venue	Start period	N° of Participants	N° of Accompanying Persons	Total Grant
C1	Finalising Participatory Learning process and agreeing core aspects of education programme curriculum	DUBLIN CITY UNIVERSITY (E10209077 Ireland)	Ireland	2022-05	12	8	13305
C2	Adopting the Learning Together and Train the Trainer education programmes to final education module	FUNDACION MUNDO BIPOLAR (E10130986 Spain)	Spain	2023-09	12	20	26440.0

Background Information

How will these learning, teaching or training activities help achieving your project objectives?

These activities are essential to the PAR approach and co-production principles of the project. The first LTT is very specifically about co-creating the overarching participatory learning process that will underpin the educational programme that will itself be contextualised to each partner site. This process will standardise the participatory approach expected to be generalizable as a project outcome, without compromising the localising of the programme itself by those community stakeholders. The second part of this activity is to develop consensus on the principles and format of delivery of the educational programme curricula. Thereafter, content will be created locally. The second LTT is about taking the learning from module one on each site to the collective, inclusive in this activity of a selection of students on the programme. Although each site group of learners will have identified their needs for module two, a consensus will be established on how the delivery style, format and learning process will be applied generally across all five sites for module two.

How will you select, prepare and support participants and ensure their safety? Please describe the practical arrangements including training, teaching or learning agreements, if applicable.

The participatory approach itself is a supportive vehicle for participants, where collegial and peer support is encapsulated in a dialogical approach to all proceedings. The group will convene in a safe and neutral meeting space and for both sets of activities the host partner will provide experienced co-facilitation of the activity, with one facilitator being a person who has experienced mental health and/or substance misuse difficulties. Agreements will be through a deliberate democratic consensus building format that can safely accommodate disagreement and conflict with consensus resolution.

Please also describe the arrangements for recognition or validation of the learning outcomes of the participants in learning, teaching or training activities. Will your project make use of European instruments like Europass, ECVET, Youthpass, ECTS etc. or any national instruments/certificates?

This Adult Education Programme will not make use of accreditation instruments for two reasons. Firstly, the intention is to create an empowering learning process with needs identified and responded to during the process itself. For this project accreditation is not an objective. If we chose to accredit the programme, it might compromise the actual learning process itself. There are requirements of accreditation, such as identifying indicative content and curricula formats. Whereas in this project all of these will be developed within the process itself as a co-creation. For example, with no predetermined content for module two. Validation of the learning outcomes will come from the learners themselves and the subsequent evaluation of the impact of those expected learning outcomes.

Activity Details (Finalising Participatory Learning process and agreeing core aspects of education programme curriculum)

In this section, you are asked to provide details about this specific activity. The section consists of two parts: Activity Details and Groups of Participants.

In the first part (Activity Details) you are asked to provide information about the planned activity as a whole, to define the activity's lead organisation, and to list the other participating organisations. The lead organisation is typically the one hosting the activity in its premises. In case you decide to organise the activity outside of the lead organisation's premises, you must respect the detailed rules provided in the Programme Guide and you need to provide an explanation for this choice as part of the activity description. The other participating organisations are all project partners who will send their participants to take part in the activity. Adding a partner organisation to the list of participating organisations will allow you to ask funding for their participants in the second part of this section.

In the second part (Groups of Participants) you are asked to provide some details about the participants who will take part in this activity. The main purpose of this section is to calculate the budget that the project will receive for the participants' travel, individual support and other expenses. The participants are organised in groups for easier calculation. Each group and its budget are linked to their sending organisation.

LTT ID

C1

Activity Title

Finalising Participatory Learning process and agreeing core

	aspects of education programme curriculum
Activity Description (including profile of participants per organisation, goals and results of the activity)	Two teachers from each partner site plus lead from each site will meet to conclude the educational learning framework and co-produce the curriculum principles for the educational programme
Country of Venue	Ireland
Start period	2022-05
End period	2022-05
Duration (days)	3
Participating Organisations	E10149724 , E10277328 , E10130986 , E10275430

Activity Budget

Budget Items	Grant
Travel Support	3 765
Green Travel Support	0
Exceptional Costs for Expensive Travel	0
Individual Support	9 540
Inclusion Support	0
Linguistic Support	0
Total Activity Grant	13 305

Summary of Groups of Participants

In the following table, please define the groups of participants who will require funding to participate in this activity. Participants who do not require funding (for example local participants) do not need to be specified in this part.

To request funds for participants in this group, please complete the information below.

Please note that there are two categories of persons who can be funded: people directly taking part in the planned activity (always referred to as participants) and accompanying persons. Accompanying persons include teachers or other staff travelling together with pupils, as well as assistants supporting participants with special needs.

Grant rates for Individual Support are different for participants and accompanying persons. Therefore, you need to specify the requested duration for Individual Support separately for the two categories of persons. At the same time, grants for travel are the same for participants and accompanying persons. Therefore, for travel you should add together all persons requiring a grant.

Finally, please be aware that in case later on you decide to modify the information about the activity (e.g. its duration or number of participants), the modification will not be automatically reflected for the different groups of participants and different budget items. Therefore, please make sure that all budget requests are correct before submitting your application.

Group ID	Sending organisation	Type of participant	Number of participants	Number of accompanying persons	Duration of activity excluding travel	Green travel	Distance bands	Travel days	Total duration	Grant
1	Evipro Oy (E10277328 - Finland)	Staff	3	2	3	<input type="checkbox"/>	500 - 1999 km	2	5	4025
2	FUNDACION MUNDO BIPOLAR (E10130986 - Spain)	Staff	3	2	3	<input type="checkbox"/>	500 - 1999 km	2	5	4025
3	Penumbra (E10149724 - United Kingdom)	Staff	3	2	3	<input type="checkbox"/>	100 - 499 km	2	5	3550.0

4	Recovery Academy of Ireland (E10275430 - Ireland)	Staff	3	2	3	<input type="checkbox"/>	0 - 99 km	0	3	1705
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Group 1

Group Budget Summary

Budget Items	Grant
Travel Support	1 375
Green Travel Support	0
Exceptional Costs for Expensive Travel	0
Individual Support	2 650
Inclusion Support	0
Total Activity Grant	4 025

To estimate the distances between places, please use the European Commission's distance calculator:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Travel support

Green travel	<input type="checkbox"/>
Distance Band	500 - 1999 km
Exceptional costs for expensive travel	0
N° of Participants	5
Grant per Participant	275
Total Travel Grant	1 375

Individual support

Please note that additional individual support for up to two travel days may be requested if the participants are required to travel on the day before or after the activity and three days in case of green travel.

Type of participant	Staff
N° of Participants	3
Duration per Participant (days)	5
Grant per Participant	530,000
Total (for Participants)	1 590,00
N° of Accompanying Persons	2
Duration per Accompanying Person (days)	5
Grant per Accompanying Person	530
Total (for Accompanying Persons)	1 060
Total Individual Support Grant	2 650

Inclusion Support

Number of participants	
Number of participants for inclusion support	0
Inclusion support for organisations	0

Group 2

Group Budget Summary

Budget Items	Grant
Travel Support	1 375
Green Travel Support	0
Exceptional Costs for Expensive Travel	0
Individual Support	2 650
Inclusion Support	0
Total Activity Grant	4 025

To estimate the distances between places, please use the European Commission's distance calculator:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Travel support

Green travel	<input type="checkbox"/>
Distance Band	500 - 1999 km
Exceptional costs for expensive travel	0
N° of Participants	5
Grant per Participant	275
Total Travel Grant	1 375

Individual support

Please note that additional individual support for up to two travel days may be requested if the participants are required to travel on the day before or after the activity and three days in case of green travel.

Type of participant	Staff
N° of Participants	3
Duration per Participant (days)	5
Grant per Participant	530,000
Total (for Participants)	1 590,00
N° of Accompanying Persons	2
Duration per Accompanying Person (days)	5
Grant per Accompanying Person	530

Total (for Accompanying Persons)	1 060
Total Individual Support Grant	2 650

Inclusion Support

Number of participants	
Number of participants for inclusion support	0
Inclusion support for organisations	0

Group 3

Group Budget Summary

Budget Items	Grant
Travel Support	900
Green Travel Support	0
Exceptional Costs for Expensive Travel	0
Individual Support	2 650
Inclusion Support	0
Total Activity Grant	3 550

To estimate the distances between places, please use the European Commission's distance calculator:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Travel support

Green travel	<input type="checkbox"/>
Distance Band	100 - 499 km
Exceptional costs for expensive travel	0
N° of Participants	5
Grant per Participant	180
Total Travel Grant	900

Individual support

Please note that additional individual support for up to two travel days may be requested if the participants are required to travel on the day before or after the activity and three days in case of green travel.

Type of participant	Staff
N° of Participants	3
Duration per Participant (days)	5

Grant per Participant	530,000
Total (for Participants)	1 590,00
N° of Accompanying Persons	2
Duration per Accompanying Person (days)	5
Grant per Accompanying Person	530
Total (for Accompanying Persons)	1 060
Total Individual Support Grant	2 650

Inclusion Support

Number of participants	
Number of participants for inclusion support	0
Inclusion support for organisations	0

Group 4

Group Budget Summary

Budget Items	Grant
Travel Support	115
Green Travel Support	0
Exceptional Costs for Expensive Travel	0
Individual Support	1 590
Inclusion Support	0
Total Activity Grant	1 705

To estimate the distances between places, please use the European Commission's distance calculator:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Travel support

Green travel	<input type="checkbox"/>
Distance Band	0 - 99 km
Exceptional costs for expensive travel	0
N° of Participants	5
Grant per Participant	23
Total Travel Grant	115

Individual support

Please note that additional individual support for up to two travel days may be requested if the participants are required to travel on the day before or after the activity and three days in case of green travel.

Type of participant	Staff
N° of Participants	3
Duration per Participant (days)	3
Grant per Participant	318,000
Total (for Participants)	954,00
N° of Accompanying Persons	2
Duration per Accompanying Person (days)	3
Grant per Accompanying Person	318
Total (for Accompanying Persons)	636
Total Individual Support Grant	1 590

Inclusion Support

Number of participants	
Number of participants for inclusion support	0
Inclusion support for organisations	0

Activity Details (Adopting the Learning Together and Train the Trainer education programmes to final education module)

In this section, you are asked to provide details about this specific activity. The section consists of two parts: Activity Details and Groups of Participants.

In the first part (Activity Details) you are asked to provide information about the planned activity as a whole, to define the activity's lead organisation, and to list the other participating organisations. The lead organisation is typically the one hosting the activity in its premises. In case you decide to organise the activity outside of the lead organisation's premises, you must respect the detailed rules provided in the Programme Guide and you need to provide an explanation for this choice as part of the activity description. The other participating organisations are all project partners who will send their participants to take part in the activity. Adding a partner organisation to the list of participating organisations will allow you to ask funding for their participants in the second part of this section.

In the second part (Groups of Participants) you are asked to provide some details about the participants who will take part in this activity. The main purpose of this section is to calculate the budget that the project will receive for the participants' travel, individual support and other expenses. The participants are organised in groups for easier calculation. Each group and its budget are linked to their sending organisation.

LTT ID	C2
Activity Title	Adopting the Learning Together and Train the Trainer education programmes to final education module
Activity Description (including profile of participants)	This learning activity will bring students who have completed the

per organisation, goals and results of the activity)	Learning Together and Train the Trainer educational programme with teachers and coordinators from each site to co-produce the final education module delivery process
Country of Venue	Spain
Start period	2023-09
End period	2023-09
Duration (days)	3
Participating Organisations	E10209077 , E10275430 , E10149724 , E10277328

Activity Budget

Budget Items	Grant
Travel Support	9 480
Green Travel Support	0
Exceptional Costs for Expensive Travel	0
Individual Support	16 960
Inclusion Support	0
Linguistic Support	0
Total Activity Grant	26 440

Summary of Groups of Participants

In the following table, please define the groups of participants who will require funding to participate in this activity. Participants who do not require funding (for example local participants) do not need to be specified in this part.

To request funds for participants in this group, please complete the information below.

Please note that there are two categories of persons who can be funded: people directly taking part in the planned activity (always referred to as participants) and accompanying persons. Accompanying persons include teachers or other staff travelling together with pupils, as well as assistants supporting participants with special needs.

Grant rates for Individual Support are different for participants and accompanying persons. Therefore, you need to specify the requested duration for Individual Support separately for the two categories of persons. At the same time, grants for travel are the same for participants and accompanying persons. Therefore, for travel you should add together all persons requiring a grant.

Finally, please be aware that in case later on you decide to modify the information about the activity (e.g. its duration or number of participants), the modification will not be automatically reflected for the different groups of participants and different budget items. Therefore, please make sure that all budget requests are correct before submitting your application.

Group ID	Sending organisation	Type of participant	Number of participants	Number of accompanying persons	Duration of activity excluding travel	Green travel	Distance bands	Travel days	Total duration	Grant
1	DUBLIN CITY UNIVERSITY (E10209077 - Ireland)	Staff	3	5	3	<input type="checkbox"/>	500 - 1999 km	2	5	6440.0
2	Recovery Academy of Ireland (E10275430 - Ireland)	Staff	3	5	3	<input type="checkbox"/>	500 - 1999 km	2	5	6440.0
3	Evipro Oy (E10277328 - Finland)	Staff	3	5	3	<input type="checkbox"/>	2000 - 2999 km	2	5	7120.0

4	Penumbra (E10149724 - United Kingdom)	Staff	3	5	3	<input type="checkbox"/>	500 - 1999 km	2	5	6440.0
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Group 1

Group Budget Summary

Budget Items	Grant
Travel Support	2 200
Green Travel Support	0
Exceptional Costs for Expensive Travel	0
Individual Support	4 240
Inclusion Support	0
Total Activity Grant	6 440

To estimate the distances between places, please use the European Commission's distance calculator:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Travel support

Green travel	<input type="checkbox"/>
Distance Band	500 - 1999 km
Exceptional costs for expensive travel	0
N° of Participants	8
Grant per Participant	275
Total Travel Grant	2 200

Individual support

Please note that additional individual support for up to two travel days may be requested if the participants are required to travel on the day before or after the activity and three days in case of green travel.

Type of participant	Staff
N° of Participants	3
Duration per Participant (days)	5
Grant per Participant	530,000
Total (for Participants)	1 590,00
N° of Accompanying Persons	5
Duration per Accompanying Person (days)	5
Grant per Accompanying Person	530
Total (for Accompanying Persons)	2 650
Total Individual Support Grant	4 240

Inclusion Support

Number of participants	
Number of participants for inclusion support	0
Inclusion support for organisations	0

Group 2

Group Budget Summary

Budget Items	Grant
Travel Support	2 200
Green Travel Support	0
Exceptional Costs for Expensive Travel	0
Individual Support	4 240
Inclusion Support	0
Total Activity Grant	6 440

To estimate the distances between places, please use the European Commission's distance calculator:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Travel support

Green travel	<input type="checkbox"/>
Distance Band	500 - 1999 km
Exceptional costs for expensive travel	0
N° of Participants	8
Grant per Participant	275
Total Travel Grant	2 200

Individual support

Please note that additional individual support for up to two travel days may be requested if the participants are required to travel on the day before or after the activity and three days in case of green travel.

Type of participant	Staff
N° of Participants	3
Duration per Participant (days)	5
Grant per Participant	530,000
Total (for Participants)	1 590,00
N° of Accompanying Persons	5
Duration per Accompanying Person (days)	5
Grant per Accompanying Person	530

Total (for Accompanying Persons)	2 650
Total Individual Support Grant	4 240

Inclusion Support

Number of participants	
Number of participants for inclusion support	0
Inclusion support for organisations	0

Group 3

Group Budget Summary

Budget Items	Grant
Travel Support	2 880
Green Travel Support	0
Exceptional Costs for Expensive Travel	0
Individual Support	4 240
Inclusion Support	0
Total Activity Grant	7 120

To estimate the distances between places, please use the European Commission's distance calculator:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Travel support

Green travel	<input type="checkbox"/>
Distance Band	2000 - 2999 km
Exceptional costs for expensive travel	0
N° of Participants	8
Grant per Participant	360
Total Travel Grant	2 880

Individual support

Please note that additional individual support for up to two travel days may be requested if the participants are required to travel on the day before or after the activity and three days in case of green travel.

Type of participant	Staff
N° of Participants	3
Duration per Participant (days)	5

Grant per Participant	530,000
Total (for Participants)	1 590,00
N° of Accompanying Persons	5
Duration per Accompanying Person (days)	5
Grant per Accompanying Person	530
Total (for Accompanying Persons)	2 650
Total Individual Support Grant	4 240

Inclusion Support

Number of participants	
Number of participants for inclusion support	0
Inclusion support for organisations	0

Group 4

Group Budget Summary

Budget Items	Grant
Travel Support	2 200
Green Travel Support	0
Exceptional Costs for Expensive Travel	0
Individual Support	4 240
Inclusion Support	0
Total Activity Grant	6 440

To estimate the distances between places, please use the European Commission's distance calculator:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Travel support

Green travel	<input type="checkbox"/>
Distance Band	500 - 1999 km
Exceptional costs for expensive travel	0
N° of Participants	8
Grant per Participant	275
Total Travel Grant	2 200

Individual support

Please note that additional individual support for up to two travel days may be requested if the participants are required to travel on the day before or after the activity and three days in case of green travel.

Type of participant	Staff
N° of Participants	3
Duration per Participant (days)	5
Grant per Participant	530,000
Total (for Participants)	1 590,00
N° of Accompanying Persons	5
Duration per Accompanying Person (days)	5
Grant per Accompanying Person	530
Total (for Accompanying Persons)	2 650
Total Individual Support Grant	4 240

Inclusion Support

Number of participants	
Number of participants for inclusion support	0
Inclusion support for organisations	0

Special Costs

In this section, you may request budget for types of expenses that are funded based on their actual cost. For more detailed information on what can be supported, please consult the Programme Guide or request advice from your National Agency.

Inclusion Support

ID	Organisation	Country of the Organisation	N° of Participants eligible for real costs under inclusion	Description and Justification	Requested Grant (EUR)
Total					,00

Exceptional Costs

ID	Organisation	Country of the Organisation	Description and Justification	Expected real cost (100%)	Requested Grant (80%)
1	Recovery Academy of Ireland (E10275430 - Ireland)	Ireland	4D data projectors x 5 for hybrid delivery of educational programmes	5 000,00	4 000,00
2	Penumbra (E10149724 - United Kingdom)	United Kingdom	Translation of best practice guidelines into Spanish and Finish	10 000,00	8 000,00
3	FUNDACION MUNDO BIPOlar (E10130986 - Spain)	Spain	Website design and development	6 000,00	4 800,00
4	FUNDACION MUNDO BIPOlar (E10130986 - Spain)	Spain	In person or online Translation at multiplier and virtual meetings x 7	8 000,00	6 400,00
5	FUNDACION MUNDO BIPOlar (E10130986 - Spain)	Spain	Best practice guidelines graphic concept design and production	4 000,00	3 200,00
6	FUNDACION MUNDO BIPOlar (E10130986 - Spain)	Spain	8 open source journal dissemination publications	15 000,00	12 000,00
7	Recovery Academy of Ireland (E10275430 - Ireland)	Ireland	Train the Trainer Toolkit graphic concept design and production	4 000,00	3 200,00
8	Evipro Oy (E10277328 - Finland)	Finland	Translation of train the trainer toolkit into Finish	5 000,00	4 000,00
9	FUNDACION MUNDO BIPOlar (E10130986 - Spain)	Spain	Translation of train the trainer toolkit into Spanish	5 000,00	4 000,00
Total					49 600,00

Follow-up

Impact

What is the expected impact of the project on the participants, participating organisations, target groups and other relevant stakeholders?

What is the expected impact of the project on the participants, participating organisations, target groups and other relevant stakeholders? Through the engagement in a rights based, co-produced process of cooperative learning it is expected that learners will feel more empowered, more included, improve their recovery literacy and enhance their personal and social recovery outcomes. Through engaging in an inclusive self-determining educational process that enables learners to identify their community needs in relation to an educational programme and then have those needs met; it is expected that they will feel listened to, responded to and feel more connected to their community. Moreover, the educational facilitation skills learnt on the programme will be transferable to other setting, therefore the capacity for personal and welfare development will be enhanced. The shared expertise and development of an effective educational process, toolkit and practice guidelines that enhances inclusion, citizenship and civic engagement will offer participating organisations an excellent approach applicable in their own organisations and those of associate partners after the project finishes. Depending on the starting point of organisations the knowledge and skills transfer may enhance their own organisational capacity. If the participants, partners and associated networks witness the positive impact of this process on participants themselves, this innovative approach might be adopted more widespread and in some cases displace other educational approaches, e.g. Psychoeducation that have limited impact on individuals.

What is the desired impact of the project at the local, regional, national, European and/or international levels?

Although enshrined in critical social pedagogy the overall approach to this project is novel and innovative. It is utilising participative, dialogical and cooperative methods that include marginalised individuals from student through to possible teacher with enhanced personal and social capacities. At local, regional and national level it has the capacity to impact on how adult education is delivered to people who are marginalised, socially excluded and with minimal civic engagement, At national European and international levels the proof of concept framework could impact on inclusive educational policy, on adult education teacher training and on whole systems approach to community engagement.

How will you measure the previously mentioned impacts?

A key aspect of this project is the development of a cross sectional evaluation of the whole process, not only the educational programme itself. There are quantitative and qualitative outcome indicators, process indicators and personal and social connectedness indicators being developed and applied within the overall evaluation framework. All of the stakeholders are co-evaluators in the process and within their context they can validate the impact of findings, as it will be them that are in receipt of this educational intervention. The framework will measure impact at local and perhaps regional level. There are some indicators relevant to dissemination, for example number and reach of publications being cited, guidelines being implemented and hits and downloads from Website. Follow on consultation, event presentation invites evidence that educational bodies are adopting aspects of or whole system framework are other means of determining the ripple impact. It is possible that funding bodies may increase their requirements for inclusion of participants in the whole process, that could be attributed in part to this project outcome. Elsewhere, for example with PPI (Public and Patient Involvement) in health and social care research becoming a requirement we see that represented in funding application guidelines and requirements.

Sharing, Promotion and Use of the Project's Results

You are requested to make plans for the sharing and promotion of your project results. Please provide answers to the questions below.

What will be the target groups of your sharing and promotion activities inside and outside your partnership? Please define in particular your target audience(s) at local/regional/national/European/international level and motivate your choice.

Target audience are people who experience exclusion and educational incapacity related to having mental health and/or substance misuse difficulties and the wider diversity of people experiencing exclusion. For the project findings to have a significant impact on this target group generally, then educators, service providers and community groups and funding agencies will be a target audience, as will specific media platforms that can take up the onward promotion of the project,

for example journalists and academic writers. A dissemination plan will be developed from the outset of the project that is cognisant of the need for a broad dissemination strategy. Multiplier events will provide a launch pad for promotional activities and a social media presence will direct audience to the project website where findings, tool kit and Good Practice Guidelines will be available. The partnerships itself has a good reach, with access through associated partners and academic networks to promotional opportunities, e.g. invited symposium at international conference, guest editor of journals. For many non academic and service orientated people digital media is a principal source of information and the promotional dissemination campaign will include accessing digital media to transfer the knowledge and practice of this project

Which activities will you and your partner carry out in order to share the results of your project beyond your partnership?

- Host conference symposiums and present at international conferences
- Maintain a website presence and the social media outputs
- Collaborate on writing papers and other media opportunities, for example a promotional testimonial video
- Utilise the educational framework in our continued organisational operations and that of our other partnerships
- Develop a community of practice where partners and interested stakeholders harness the benefits of the framework and promote the adoption of the process, the tool kit and the guidelines in other arenas, besides mental health and substance misuse.

As with many partnerships it is likely some of us will come together again and with other partners to develop the findings and application of findings through other funding streams and with other nations states.

Who will be responsible for the sharing and promotion activities within your partnership and which specific expertise do they have in this area? What resources will you make available to allow for the proper implementation of your sharing and promotion plans?

Fundacion Mundo Bipolar partner is responsible for leading our dissemination and communication strategy development in conjunction with other partners. They have a previous experience on European grants of taking this responsibility and they have specialist in house media, design and marketing expertise.

Erasmus+ has an open access requirement for all materials developed through its projects. If your project is producing tangible project results, please describe how you intend to ensure free access for the public to a digital form of this material. If you intend to put any limitation on the use of the open licence, please specify the reasons, extent and nature of this limitation.

All results will be freely available on EEEFCom's project website, including any further media outputs and publications relating to project outcomes and experiences.

How will you ensure that the project results will remain available and will be used by others?

All of the partners have a previous interest in the project area and it is likely with the success of this project that this would remain. The partnership will ensure that web hosting will continue beyond the time of the project and results will remain available.

If relevant, please provide any other information you consider appropriate to give a full understanding of your sharing and promotion plan and its expected impact (e.g. how you have identified which results are most relevant to share and promote; how you will ensure the involvement of all partners; how you see synergies with other stakeholders, etc.)

There is an established synergy already between some partners, regardless of this present partnership. There is also general philosophical alliance in relation to our organisational values. For example, whether a partner is run by peers for peers or set up to employ people with self experience of mental health and/or substance use or all committed to participatory processes per se; it means that our paths will and do cross with similar networks. Therefore, there is the likelihood that this project may become a beacon within the arena of inclusion and the aligned networks will likely embrace the possibility of the project framework being further promoted.

Sustainability

What are the activities and results that will be maintained after the end of the EU funding, and how will you ensure the resources needed to sustain them?

A legacy of this project will be that people within their own communities have trained as facilitators and will have the capacity to continue delivering the programme in their own and other communities. This was an important feature of their project in order to embed the possibility of sustainability after the project itself is complete. Because key results will be in digital form they will all be maintained on EEEFComs website as resources after the project ends. The only resource

required will be the ability to cover the cost of hosting and up keeping the domain name. It is likely that resource can continue to be provided by the lead applicants organisation. One of the reasons organisations joined this partnership was to develop this effective educational process for use in their own organisational activities, so at the very least those activities will be maintained in these organisations and probably several of the associated partner organisations that contributed to the project.

Annexes

The maximum size of a file is 15 MB and the maximum total size is 100 MB.
 The maximum number of all attachments is 100.

Declaration on Honour

Please download the Declaration on Honour, print it, have it signed by the legal representative, and attach it here.

File Name	File Size (kB)
DOH -declaration-on-honour_signed.pdf	137
Total Size (kB)	137

Mandates

Please download the Mandates, have them signed by the legal representatives and attach them here.
 Please ensure that mandates are valid before submitting them to the National Agency. Mandates shall be provided at the latest before the signature of the grant agreement.

File Name	File Size (kB)
MAN -FMB Mandate Juan García de Diego.pdf	1367
MAN -evipro1 mandate.pdf	788
MAN -evipro2 mandate.pdf	386
MAN -Penumbra mandate.pdf	72
MAN -Mandate RAI.pdf	331
Total Size (kB)	2945

Other Documents

Please attach any other relevant documents. Please use clear file names.
 If you have any additional questions, please contact your National Agency. You can find their contact details [here](#)

File Name	File Size (kB)
OTH -Project timeline.xlsx	14
OTH -Associate Partners list.docx	13
OTH -Learning Together & Facilitation Skills - Conceptual Frameworks with Current Learning Outcomes.pdf	492
OTH -Total Work Package Unit Days.docx	12
OTH -WP 1.docx	17
OTH -WP 2.docx	17
OTH -WP 3.docx	16
OTH -WP 4.docx	15
OTH -WP 5.docx	14
Total Size (kB)	615
Total Size (kB)	3698

Checklist

Before submitting your application form to the National Agency, please make sure that:

- It fulfills the eligibility criteria listed in the Programme Guide.
- All relevant fields in the application form have been completed.
- You have chosen the correct National Agency of the country in which your organisation is established. Currently selected NA is: IE01 - Léargas the Exchange Bureau

Please also keep in mind the following:

Mandates of each partner to the applicant, signed by both parties, should be submitted latest before the signature of the grant agreement. If the application is approved for funding, signed mandates will be considered as a condition for signature of the grant agreement.

The documents proving the legal status of the applicant must be uploaded in the Organisation Registration System, here: [Organisation Registration System](#)

The grant exceeds 60 000 EUR. If the applicant organisation is not a public body or an international organisation, please do not forget to upload the necessary documents to give proof of your financial capacity in the Participant Portal (for more details, see the section "Selection Criteria" in Part C of the Programme Guide).

History

Version	Submission time (Brussels time)	Submitted by	Submission ID	Submission status
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